**A Day At Thurston (Visiting Staff)**

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| 7-7.30am | Wake up children |
| 7.30-7.50am | Teachers perform room inspections |
| 7.50am | All staff and students in the lounge |
| 8am | Head into breakfast |
| 8.40am | Meds and any pastoral care issues addressed |
| 8.50am-9am | Meet with Instructional team in lounge |
| 9-5pm | Take part in adventures, encouraging students, managing and assisting in any behaviour management that might be required.  Ensure an adult is present in the basement when students are there for spinning/supervision. |
| 4.45-5.30pm | Divide time with other staff members for showers and personal care. Students will be in the lounge from this time and will require supervision.  Ensure supervision for the basement |
| 5.25pm | All children in the lounge, some staff must be available to supervise |
| 5.30pm | Evening meal – see evening meal guidance |
| 6.30-7pm | End of evening meal, students do their daily duties, staff to supervise and administer any medical or pastoral care required. |
| 7pm | Evening session (Mon/Thurs with Thurston staff, Tues/Wed school staff) |
| 8.30pm | Evening activities conclude (instructed activity) |
| 8.30pm | Barn time, teachers supervise and run the tuck shop |
| 9.30pm | Students return to house, teachers ensure all outbuildings that have been used are locked (classroom, barn and rucksack room) and the barn is left tidy with all covers returned to tables. |
| 9.30pm | Students in house head to basement for toilets and teeth ahead of going to rooms |
| 10pm | Bedrooms for students, teachers check the three doors to the main house (main entrance, student entrance and the staff lounge fire door) |
| 10.30pm | Lights out all quite, staff relax! |

**A Day at Thurston (Young People)**

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| 7-7.30am | Wake up, get washed and dressed |
| 7.30-7.45am | Room Inspections |
| 7.50am | Head into the lounge dressed and ready for breakfast |
| 8am | Breakfast in the dinning room |
| 8.50am-9am | Daily Duties and get your locker ready for the day |
| 9-5pm | Meet your team and instructor for the days adventures |
| 4.45-5.25pm | Showers and restock lockers, head to the lounge for chatting and games before tea |
| 5.25pm | Everyone in the lounge ready for evening meal |
| 5.30pm | Evening meal in the dinning room |
| 6.45pm | Finishing evening meal and daily duties |
| 7pm | Evening adventures |
| 8.30pm | Barn time and tuck shop if appropriate |
| 9.30pm | Get ready for bed; teeth toilets etc |
| 10pm | All to rooms lights out and quiet |