

SOUTH TYNESIDE LEARNING DISABILITY STRATEGY



Learning Disabilities Strategy Launch

Our 4 Strategy Priorities



VOICE OF THE PERSON



EQUAL PART OF THE COMMUNITY



LIVING IN A PLACE THEY CALL HOME



STOPPING PEOPLE WITH LEARNING DISABILITIES FROM DYING EARLY



Launch Overview

- Strategy launch undertaken on 21st June
- Professionals, people with Learning Disabilities and carers came together to agree next steps
- Included workshops to set out how aims will be achieved

Strategy Overview

- Five Year Strategy
- Written by people with learning disabilities
- Four key priorities identified
- Developed in an easy-to-read format to ensure accessibility for all
- Clear aims under each priority articulating what “good” would look like
- Scope for development of aims

How people wanted to be involved in the Strategy...



Newsletters

Community Drop-ins

Focus Groups

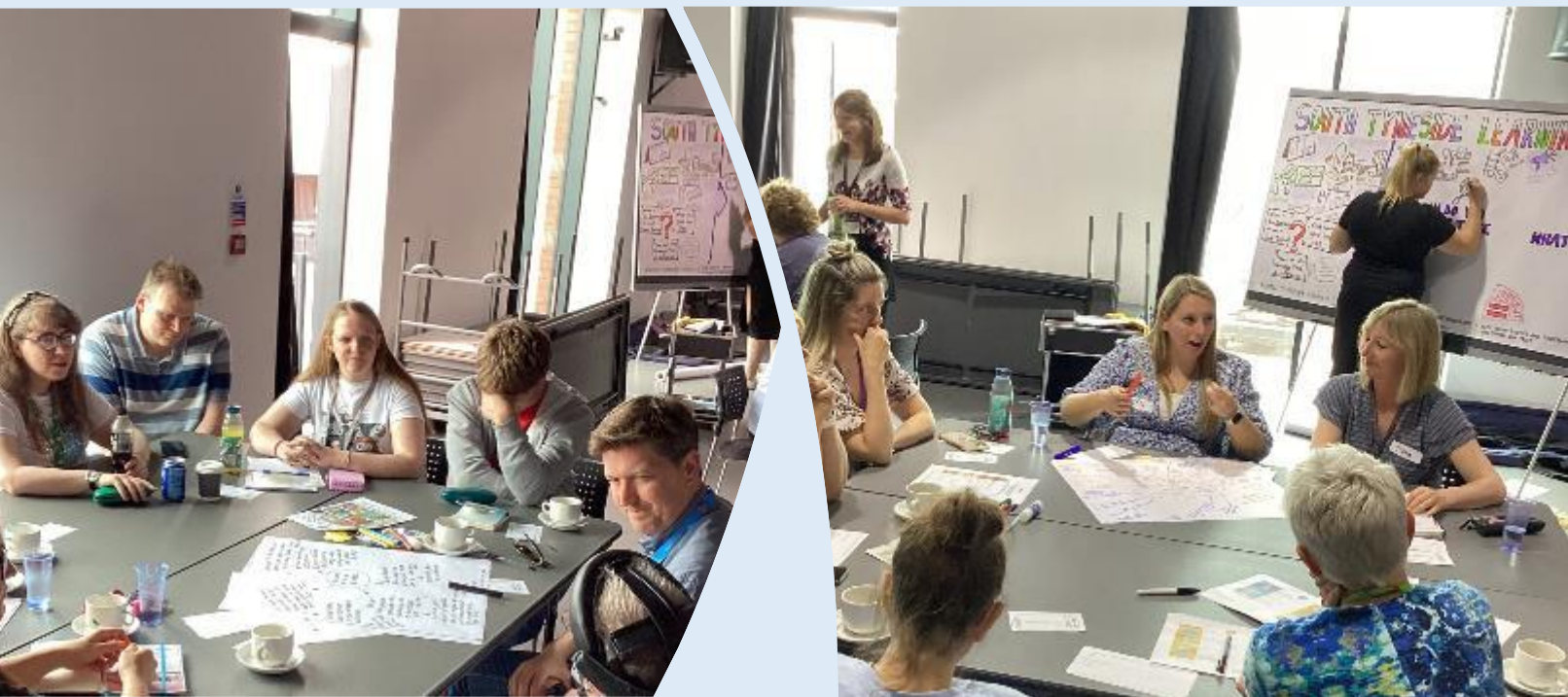


Co-production

Through carers

Training and involving people with lived experience

Capturing the day...





VOICE OF THE PERSON WORKSHOP

What was said...

Communication



- Minimising the use of jargon
- Training – include the individual, family and carers in the training if they want to be involved.
- 'What Matters to you' Conversations
- Services and meetings to put the person at the heart – conversation model
- Understanding of roles and responsibilities to inform skills development



Accessibility



- Improving general accessibility and ensuring there are dedicated services / numbers to call.
- Making sure people have the choice of specialist if they can't be supported via mainstream.
- Having the Learning Disabilities offer on a page so everyone knows what is out there.
- Understanding that sometimes reasonable adjustment are not enough.



Having the right support available



- Ensuring support is available to those that need it, such as helping the person to attend appointments.
- The person knowing their rights and understanding what they can ask for and how.
- Looking at how effective MDTs and Care (Education) Treatment Reviews are at tackling issues and dynamics.



Co-production



- Being involved in decisions.
- Build feedback processes into services so we can co-produce better services.
- Be involved in developing outcomes.



So what?

Communication



- Develop a professionals charter to be clear on what "good" would look like
- Introduce a "coaching" prototype led by people with lived experience to improve professional practise
- Embed 'What Matters to you' Conversations
- Introduce "Red/Amber/Green" cards for individuals to use in meetings

Accessibility



- Develop an accessible South Tyneside Learning Disabilities Local Offer.
- Develop and roll out of reasonable adjustments training.
- Employment of Learning Disabilities liaison workers to support within mainstream services.

Having the right support available



- Employment of Learning Disabilities peer support / link workers for people who require more than reasonable adjustments.
- Co-production of meeting standards that reflect good practice.

Co-production



- Development of Co-production framework.
- People with Learning Disabilities being involved in meetings / decision making in a way that is meaningful for them. .

LIVING IN A PLACE THEY CALL HOME WORKSHOP



What was said...

Stakeholder Engagement



- Having an individual in the housing company who is impartial and understands people with Learning Disabilities.
- Engaging private landlords to support and deliver the strategy.
- Learning Disabilities awareness trainings for wardens who work in sheltered housing.



Variety of Accessible Housing



- Home to be made accessible at the planning stages so they meet the needs of people who require equipment.
- "People with Learning Disabilities don't always want to share a flat."
- "Some people don't want to be in a care home / residential home."
- There needs to be more sheltered housing for older people with Learning Disabilities.
- More homes are needed for people with complex needs.
- We need to improve information and advice around housing options.
- Homes need to have Wifi.



Person at the Centre



- "Are we asked where to live?"
- We need to understand what a person wants from a home, such as their likes and dislikes.
- Regular reviews are needed to see what is working and what isn't.
- Conversations around housing need to begin at a young age / transition.
- We need to take into consideration the needs of the whole family.
- We need choice and control.



Independence



- People need to be able to learn independent living skills.
- People feel secure knowing there is a care team on site if they need them.
- We need to support more people to own their own home.



Emergency Support



- We need to stop services from breaking down.
- We need more future proofing.
- Homes need to be available quickly in an emergency.



So what?

Stakeholder Engagement



- Establishing a private landlords network who are supportive of the Learning Disabilities Strategy.
- Co-produce Learning Disabilities awareness training for housing staff.
- Having a Learning Disabilities housing liaison officer to work across housing developments and providers.

Variety of Accessible Housing



- Establishing a 'One Stop Shop' - a central hub with easy read information about different accommodation options.
- Learning Disabilities housing network to be established to include people with Learning Disabilities.
- People with Learning Disabilities to be involved in the development of different housing options.

Person at the Centre



- 'What Matters to Me' conversations to be included in the accommodation transition pathway.
- Regular housing review structure to be established.

Independence



- Development of 'Trainer Flats' to support development of independent living skills.
- 'Trainer Flats' to be implemented in the transition pathway.
- Accessible easy read information about how to own your own property.
- Development of sheltered housing models.

Emergency Support



- Available step up / step down provision.
- Development of housing mediation service to prevent placement breakdown.



EQUAL PART OF THE COMMUNITY WORKSHOP

What was said...

So what?



Accessible Information

- Equal access to community hubs.
- We want support to access what we need.
- We need resources to be readily available.



Accessible Information

- Development of a community hub to provide informative resources.
- Development of online library of resources and community facebook groups.



Visibility

- "Helping communities to understand who we are and what we need."
- Challenge community perspectives.



Visibility

- Employment of Learning Disabilities Champions
- Six-monthly Learning Disabilities Champion events to promote the work of the Learning Disabilities Community in South Tyneside.



Choice

- "We need a mixture of organised activities and support across the community."
- "People seem to travel a long way to come to services. We need to make sure there are more opportunities locally."
- "Help people to make friends and spend time with friends."
- "I want to do more in the community - I need some support to do this."
- It's not easy for people to choose what to do with their direct payment.



Choice

- Development of friendship app for people with Learning Disabilities to connect with people with similar interests.
- Development of accessible Learning Disabilities Local Offer.
- Employment of Learning Disability Community Connectors to support access.



Employment

- More career opportunities needed.
- Making sure the right support is available to access employment and connecting people.
- We need to understand how to engage employers.



Employment

- Learning Disabilities employment network to be developed.
- Development of accessible employment opportunities website. To include paid, voluntary and apprenticeship opportunities.
- Learning Disabilities training to be available to employers.
- Employment Support Worker / Job Coach role to be developed.



Transport

- More transport opportunities are needed for people with Learning Disabilities.
- "We need a bus pass so we can get out and about. Money can often be a barrier."
- "We need someone to travel with."



Transport

- Employment of Learning Disabilities Transport link officer.
- Employment of 'Travel Buddies' to support people with Learning Disabilities to access transport.



Feeling Safe

- "We need more police on the streets."
- "We need to link with community police officers."



Feeling Safe

- Development of Learning Disabilities Community Wardens.
- Learning Disabilities Police Liaison officer.



STOPPING PEOPLE WITH LEARNING DISABILITIES FROM DYING EARLY WORKSHOP

What was said...

Accessible Information



- Improving knowledge of how to access services.
- A space where people can request easy read information.



Annual Health Checks



- Communicating the importance of annual health checks and how to access them.
- Every contact counts to promote the importance of annual health checks and reduce health inequalities.
- Importance of STOMP / STAMP



Hospital Passports



- Hospital passports are good for admissions but not for incidents.
- They should always be available.
- They should be easy to update.



Health Promotion



- We need to communicate practical messages around health promotion, such as screening.
- We need to ensure health promotion is accessible.



So what?

Accessible Information



- Development of Central Hub to provide easy read information around health services.
- Employment of Learning Disabilities link workers to support people to access health services.

Annual Health Checks



- Development of the Primary Care Health Hub to include link workers to support people with Learning Disabilities to access annual health checks.
- Increasing the prevalence of people with a Learning Disability on a GP register to support the identification of annual health checks.
- 'No wrong door' policy to be promoted around being able to access annual health check information.
- Pilot a STOMP / STAMP model in South Tyneside to inform future development.

Hospital Passports



- Regional hospital passport to be used as the standard template in South Tyneside.
- Development of digital hospital passport to increase accessibility.

Health Promotion



- Central Hub to provide accessible information around health promotion.
- Employment of link workers to support with communication around health promotion.
- Health Promotion training to be developed and delivered across South Tyneside.

Sample of Pledges from the day

A disabled person should have the same rights as a non-disabled person and should not be pushed to one side. I will be involved to ensure this does not happen.

Try to be a voice for learning disabilities and speak up more for myself.

I pledge to keep the voice of the person at the front of my mind in my work, I will include people with lived experience in my service improvement at every opportunity.

To embed the key principle of the strategy into the wider accommodation strategy and ensure accessible options are embedded across all housing developments.

To ensure communication does not use jargon.

Helping people with Learning Disabilities to speak up.

To make contact with Nexus who want to speak to the community groups about their experiences of using metros.

To be more independent.

To work with individuals not for them. To ensure their voice is heard in meetings and conversations.

Get STOMP started in Primary Care

To promote the voice of the person in their care and treatment during their hospital stay and in their discharge process.

To work in a personalised way with the person directly.

To run accessible employment support services.

To ensure the adult social care strategy is closely aligned with the Learning Disabilities strategy and co-produced.

To support the development of the information hub.

To broadcast to the community what people with Learning Disabilities can do independently and what they can offer.

Next Steps...



Workstreams to use the feedback from the launch to support with the strategic direction of each priority.



Commence with bi-monthly updates to the Strategic Alliance.



Ensure continual feedback is provided to the Learning Disabilities community in South Tyneside about the progress of the strategy.

