#### **South Tyneside Fostering Service**

# The Foster Carer Payment for Skills (PFS) Model and Tasks, Skills, Competencies (TSC) Framework November 2017

#### Introduction

South Tyneside Council Fostering Service employs a 4 level Payment For Skills (PFS) model. The model underpins the Fostering Service commitment to achieving best possible outcomes for fostered looked after children supported by skilled, motivated and rewarded foster carers. The model provides entry requirements, expectations regarding carer training and skills development and reflective learning for each level.

The model has minimum entry requirements for new carers at each level and also allows existing carers to progress up through the levels if they meet the Task, Skills and Competencies (TSC) requirements. A weekly skills fee is paid to Level 2, 3 and 4 carers (in addition to weekly maintenance allowance payments). Foundation Level is where weekly allowances are provided but no weekly fee. Foundation Level carers progress to Level 2 normally following a Foster Carer Review including evidence of meeting the required TSDS's within timescales.

This framework aims to assist foster carers by providing clarity about expectations and requirements at each level both for new entrants and for those approved carers wishing to progress to a higher level. The competencies identified as essential for each level must be clearly

demonstrated in the care offered to children. Competencies indicate overarching criteria that must be met but how these are incorporated into caring for children will also be considered regarding progression. Foster carers wishing to be considered for progression should discuss this with their Supervising Fostering Officer who will be able to provide further advice on progression requirements and procedure.

Transferring between levels will be considered via Foster Carer Review. The review will consider whether criteria are met for ongoing approval in a particular band or indeed whether progression or regression between bands is evidenced. Recommendations from previous reviews must be fulfilled. Recommendations from the Fostering Service and Independent Chair of Foster Carers Reviews will then be presented to the Agency Decision Maker for a final decision.

Carers in receipt of a fee but with a vacancy may be asked to contribute support to other carers in some way for example in the way of supporting contact, mentoring and respite.

Significant opportunities for training and development are offered to all carers via a substantial Foster Carer Training Program. Carers also have access to Local Safeguarding Children's Board training sessions. Qualifications in Care, Counselling and Health and Social Care are also available. South Tyneside Council will champion carers to progress their skills according to their banding on the Payment for Skills Framework.

# **Model Overview: Foundation Requirements and Financial Support**

#### Level 1 Foundation Level

Entry Requirements: Have some experience of childcare e.g. parenting / Connected Persons Carers who have a significant relationship with a named child / Foster to Adopt Carers

Age range 0-18 years

Financial Support: 1.Weekly Allowances per child 2. No Fee – Progression to Level 2 is dependent upon meeting the requirements of TSDS within 18 months of approval.

Level 2 Short Term to Permanent

Mainstream Carers / Connected Persons Carers who have achieved TSDS/ Respite carers

Entry Requirements: Have experience of childcare e.g. parenting / looking after other people's children / paid or voluntary work in childcare.

Expectations: Caring for a young person for a set period of time when there are competing plans or whilst a plan is developed. Medium risk. Challenging behaviour that is manageable.

Age range 0-18 years

Financial Support: 1.Weekly Allowances per child 2. Weekly Fee £100 (0-11yrs) £150 (12-18yrs) per child.

Respite carers receive pro rata fees and allowances.

Due to the range of skills, anticipated behaviour and evidence carers are expected to demonstrate it is not anticipated that carers offering mainstream placements to 0-2 year olds would advance from this level. Specific roles where there are additional complexities in caring for children within the 0-2 year age range can be considered on an individual basis.

#### Level 3 Advanced Short Term to Permanent

Entry Requirements: In addition to Level 2; evidence significant childcare experience or related experience e.g. nursing, youth work, teaching. Commitment to personal development and an ability to effectively support more challenging children with complex needs.

Expectations: Medium-high risk. Able to manage and respond effectively to children who may be present behaviours. Issues such as child sexual exploitation, physical/verbal aggression, school refusal, offending behaviour etc.

Financial Support: 1.Weekly Allowances per child 2. Weekly Fee: £300 per child

Age range 3-18years

#### Level 4 Specialist Carers

Entry Requirements: Significant formal childcare experience e.g. previous fostering

2 years minimum including children with complex needs /employment in childcare Ability to reflect upon professional experience and relate this to the fostering task.

Expectations: Highest Risk. Solo Placements, Emergency Placements and mother and baby. Young people who would otherwise be likely placed in residential care or a specialist/ therapeutic IFA out of borough.

Financial Support: 1.Weekly Allowances per child 2. Fees: £400 per child

Age range 3-18years

#### Practice requirements ensuring that children achieve the best possible

Outcomes from their care with foster carers:

# Level 1

### **Entry requirements:**

Entry Requirements: Have some experience of childcare e.g. parenting / have a significant relationship with a named child. Have a completed Connected Persons Assessment in relation to a named child / children. Evidence an ability to meet the needs of a specified child or children.

# **Training Requirements:**

- Complete induction training within 12 months of approval and evidence learning from the training achieved
- For Carers who anticipate applying for an SGO the following core modules from induction should be completed
  - $\circ$   $\;$  Allegations and the Role of the Local Authority Designated Officer [LADO].
  - Confidentiality.
  - Foster Carer Reviews.
  - Health Assessments and Delegated Authority Tool.
  - $\circ$   $\;$  Introduction to the Training Support and Development Standards [TSDS].
  - Record Keeping.
  - Policies and Procedures.
  - Supervision and Personal Development Plans.
- Achieve TSDS standards requirements within one year of approval; Connected Carers within 18 months of approval including presentation of first annual review at Fostering Panel

## Level 1 Evidence:

| Have a signed foster carer agreement and adhere to its terms | Observations of practice   |
|--|--|
| Supervision Records  | Attendance and Contributions to meetings                                   |
| Foster Carer Review  | Reports from children in placement   |
| Diary recording  | Significant Event Recording  |
| Delegated Authority Tool                                     | Contribution to and support of PEP meetings and targets.                   |
| Have a fire safety plan                                      | Safe Care Policy relevant to the individual needs of children in placement |
| Health and Safety Checklist                                  | Up to date medical assessment  |
| Contribute to an Annual Personal Development Plan            |  |

# Practice requirements ensuring that children achieve the best possible outcomes from their care with foster carers:

Level 1

| COMPETENCY  | CRITERIA  | EVIDENCE |
|---|---|----------|
|   | Provide a good standard of care for children in a safe, healthy and nurturing environment that meets the varied needs of        |          |
|   | individual children / young people taking into account their backgrounds and experiences.                                       |          |
|   | Help and encourage children to be Healthy via healthy diet, lifestyle and regular exercise.                                     |          |
|   | Evidence positive unannounced visits  |          |
| 0   | Attend medical and dental appointments with the child / young person and respond to medical advice where it is given.           |          |
| Safe  | Have a basic understanding of and an ability to respond to general childhood illnesses, allergies and manage infection          |          |
| en  | control.  |          |
| ildr  | Encourage awareness and understanding of drugs and alcohol  |          |
| C _   | Store medication safely as per requirements. Keep an up to date record of any medication administered.                          |          |
| eeping<br>Level 1                                 | Provide basic first aid and know how to access general and emergency medical help   |          |
| Lev   | Be able to identify risks to children and respond to these accordingly including sharing information with other relevant        |          |
| X P   | parties and use of safeguarding procedures  |          |
| a   | Help children to keep themselves safe from exploitation, harm or abuse and teach them how to seek help if their safety is       |          |
| Care  | threatened.   |          |
| Healthy Care and Keeping Children Safe<br>Level 1 | Promote helpful understanding of sexual health and identity through promoting healthy relationships, ,safe sex etc.             |          |
| ealt  | Ensure the health and safety of children / young people within the home including completion of the Health and Safety           |          |
| Ξ   | checklist   |          |
|   | Have an awareness of how to safely support and manage children's access to the internet and social media.                       |          |
|   | Protect children / young people from all forms of abuse, neglect, exploitation and deprivation                                  |          |
|   | Discuss, set and clarify boundaries in conjunction with others e.g. the child, social worker; supervising fostering officer and |          |
|   | parents.  |          |

| COMPETENCY                        |                 | CRITERIA   | EVIDENCE |
|-----------------------------------|-----------------|--|----------|
|                                   |                 | Create a sense of belonging through providing a loving, nurturing family environment where children are welcomed accepted and celebrated |          |
|                                   |                 | Listen to children and respond to their thoughts feelings and wishes.  |          |
|                                   |                 | Create a sense of safety by providing appropriate boundaries and managing behaviour within these   |          |
|                                   | Child           | without recourse to physical chastisement  |          |
|                                   | centeredness    | Understand accept and allow children and young people to make mistakes and be offered further  |          |
|                                   |                 | chances  |          |
|                                   |                 | Act as an advocate for the child / young person in cooperation with other professionals / agencies e.g.                                  |          |
| 5                                 |                 | school / education / health / police   |          |
| Car                               |                 | Contribute to ongoing life story work with children and young people   |          |
| Role of a Foster Carer<br>Level 1 |                 | Are prepared to have a family life suited to children including child related activities   |          |
| f a Fi<br>Lev                     |                 | Have a positive medical assessment   |          |
| ole o                             |                 | Main carers should have child centred employment patterns  |          |
| Ř                                 |                 | Carers demonstrate their commitment to children by taking responsibility for facilitating/ transporting                                  |          |
|                                   | Emotional and   | the young person to all appointments including health and school.  |          |
|                                   | Physical        | Carers are reliable and dependable. They offer predictability, consistency and security  |          |
|                                   | Availability to | in actions and behaviour   |          |
|                                   | meet a young    | Be a positive role model   |          |
|                                   | person's needs  | Establish and maintain daily routines for children / young people  |          |
|                                   |                 | Carers employ a positive perspective have a can do attitude that looks for solutions and seek and acknowledge positives.                 |          |
|                                   |                 | Attend and contribute to child care reviews and meetings for children in placement   |          |
|                                   |                 | Have an established and reliable network of support that are prepared to be called upon in times of                                      |          |

|                | need.   |  |
|----------------|---|--|
|                | Be personally resilient in thinking and behaviour by demonstrating an ability to respond to various needs |  |
|                | of children.  |  |
|                | Significant events such as unauthorised absences from the foster home; contact; child behaviours are      |  |
|                | managed well maintaining perspective and following procedures as required                                 |  |
|                | Appreciate how personal experiences have affected them.   |  |
| Self-Awareness | Have an awareness of the impact of fostering upon themselves and their family                             |  |
| and emotional  | Be aware of how they respond to stress and have effective support/ strategies in place to sustain         |  |
| intelligence   | positive relationships and effective functioning during periods of stress.                                |  |
|                | Show initiative and flexibility in caring for children and young people                                   |  |
|                | Demonstrate an ability to maintain unconditional positive regard with children and young people and       |  |
|                | particularly when times are challenging.  |  |
| Effective      | Communicate well on a personal basis verbally and in writing.   |  |
| Communication  | Demonstrate an ability to listen to and communicate with children / young people appropriate to their     |  |
|                | age, understanding, individual needs and ethnicity and culture  |  |
|                | Demonstrate sensitivity and understanding of the child's position and perspective                         |  |
|                | Maintain confidentiality.   |  |
|                | Demonstrate good negotiation skills, problem solving and managing difficult conversations with            |  |
|                | perspective and awareness of how others feel.   |  |
|                | Communicate sensitively with family members and professionals   |  |
|                | Maintain up to date and accurate placement records, including the maintenance of a Foster Carer Diary     |  |
|                | (as provided by the Fostering Service)  |  |
|                | Carers possess and use organisational skills to ensure everyone's needs are considered in planning        |  |
|                |   |  |

|             | Be able to develop supportive links within the community such as children's groups, clubs, activities and opportunities. |  |
|-------------|--|--|
|             | Work in partnership with others using the Delegated Authority Tool as indicated.   |  |
|             | Liaise closely with a child's social worker and work to agreed plans for the child / young person                        |  |
|             | Education; Health; Therapeutic Services  |  |
|             | Work closely with other professionals in the best interest of the child / young person e.g. School;                      |  |
|             | Promote and support contact for a fostered child / young person  |  |
|             | reviews and meetings for children in placement   |  |
| Partnership | Work as part of a care team, sharing information accordingly. Attend and contribute to child care                        |  |
| Working in  | care plan.   |  |
|             | family. Involve children's family and friends in their lives in accordance with the child/ young person's                |  |
|             | Promote family relationships and assist children / young people to maintain a positive view of their                     |  |
|             | Follow procedures for whistleblowing in the event that you witness immoral or illegal activity                           |  |
|             | Communicate with disabled children in their preferred way  |  |
|             | from the foster home   |  |
|             | significant events including incidents / events reported to child's social worker unauthorised absences                  |  |
|             | Record daily events e.g. medical / health / dental appointments, contact; child behaviours; as well as                   |  |
|             | family life. This includes maintaining a daily log as well as using an appointments diary                                |  |

| COMPETENCY                                  |   | CRITERIA   | EVIDENCE |
|---|---|--|----------|
| velopment                                   | Basic understanding of<br>Child Development | Have basic understanding of child development.Understand the importance of individual experiences, wishes and<br>needs.Understand the difference between chronological age and stages of<br>development.Encourage positive behaviourBe prepared to give children and young people time to adjust to new<br>circumstances and therefore make informed assessment of<br>   |          |
| Promoting Children's Development<br>Level 1 | Promoting Health and<br>Development         | Promote and encourage the development of appropriate<br>independence / life skills<br>Assist young people to develop the skills, confidence and knowledge<br>necessary for successful adult living<br>Actively promote, support and encourage children's / young<br>people's education and achievement by contributing to a child's<br>Personal Education Plan (PEP).<br>Promote education, training and employment of young people.<br>Positively promote a child /young person's aspirations, talents and<br>interests.<br>Contribute to ongoing life story work with children and young<br>people |          |

|                       | Recognise and celebrate children and young people's achievements.         |  |
|-----------------------|---|--|
|                       | Assist children / young people in transitions when required and as        |  |
|                       | part of a child's placement plan e.g. return to birth family; to other    |  |
|                       | foster placement; to adoption placement, moving school. Also with         |  |
|                       | moving placements and working within specified notice periods to          |  |
|                       | allow for planning.   |  |
|                       | Assist and encourage the development of children's / young                |  |
|                       | people's self- esteem and positive identity by encouraging their          |  |
|                       | individual interests, supporting participation in play, social activities |  |
|                       | and leisure pursuits  |  |
|                       | Understand the difficulties children and young people may have in         |  |
| Support Emotional and | building and maintaining relationships as a result of their               |  |
| Behavioural           | experiences.  |  |
| Development           | Help children / young people cope with issues of trauma, separation       |  |
|                       | and loss and assist them with coming to terms with previous               |  |
|                       | experiences   |  |
|                       | Seek to understand the child's perspective                                |  |
|                       | Be sensitive and responsive to children's evolving needs.                 |  |
|                       | Build resilience in children and young people by harnessing               |  |
|                       | strengths interest's skills and talents and promoting confidence.         |  |
|                       |   |  |

| COMPETENCY           | CRITERIA   | EVIDENCE |
|----------------------|--|----------|
|                      | Develop a basic understanding of the legal framework around        |          |
|                      | Looked After Children such as an understanding of legal orders and |          |
| Personal Development | the concept of Parental Responsibility.                            |          |
|                      | Commitment to continuous learning and development                  |          |

| Level 1  | Be prepared for and contribute actively to supervision.  |
|--|--|
| Evidence a commitment to self- development via<br>training and support, including mentoring from an<br>experienced carer | Make positive use of supervision and guidance from a supervising<br>fostering officer including areas of concern/ disagreement. Reflect<br>and learn from advice given<br>Attend and present written evidence to foster carer reviews, self-<br>assessment and reflective learning opportunities |

# Level 2

#### **Requirements:**

Have experience of childcare e.g. parenting / looking after other's children / paid or voluntary work in childcare. Have completed Skills to Foster Pre Approval Training, have a completed Fostering Assessment and have been approved at Fostering Panel. Evidence an ability to meet the needs of a range of children. Be able to meet the needs of children with increased levels of vulnerability.

#### **Progression requirements:**

<u>Meet Level 1 Requirements</u>. <u>Have completed all mandatory training</u> Connected Carers must have completed Training Support and Development Standards to progress to this level.

#### Training requirements:

| In addition to induction training                  | Enhanced training options: |
|--|----------------------------|
| - Trauma and Attachment                            | Level 2 Counselling        |
| - The Teenage Brain                                | Level 2 Care               |
| - Child Development                                | Level 2 Autism             |
| - CUBS ( Carers Understanding Behaviour Strategies | -                          |
| - Team Teach                                       | -                          |
| - LSCB Online Training                             | -                          |

**Short breaks** carers must be able to provide specialist short breaks care to disabled children, (some of whom the Department may find hard to place); children with challenging behaviours; complex autism; severe physical impairment and complex health needs.

#### Level 2 Evidence:

| Observations of practice           | Supervision                      |
|------------------------------------|----------------------------------|
| Attendance at meetings             | Foster Carer Review              |
| Reports from children in placement | Diary recording                  |
| Significant Event Recording        | Delegated Authority Tool         |
| Written contributions              | Training engagement and feedback |
| Court attendance                   | PDP                              |

# Practice requirements ensuring that children achieve the best possible outcomes from their care with foster carers:

Level 2 (In addition to Level 1):

| COMPETENCY                            | CRITERIA   | EVIDENCE |
|---------------------------------------|--|----------|
|                                       | An ability to understand the needs of disabled children;     |          |
| Health Care and Keeping Children Safe | follow health plans and appropriate medication; work with    |          |
|                                       | Occupational Therapists and children's nurses as appropriate |          |
| Level 2                               | Evidence skills development required to meet the needs of    |          |
|                                       | complex and demanding children / young people. This may      |          |
|                                       | include children or young people with moderate Learning      |          |
|                                       | difficulty, some aggressive or risky behaviour, occasional   |          |
|                                       | truanting or missing from home episodes, occasional          |          |
|                                       | substance misuse and low level offending. An ability to      |          |
|                                       | understand the needs of disabled children; follow health     |          |
|                                       | plans and appropriate medication; work with Occupational     |          |
|                                       | Therapists and children's nurses as appropriate.             |          |

| COMPETENCY | CRITERIA   | EVIDENCE |
|------------|--|----------|
|            | Observe and assess children's needs                            |          |
|            | Ability to adapt parenting approach to the specific needs of a |          |

|  | child or young person.   |
|--|--|
|  | Expectations are in line with the child's individual stage of  |
| Role of a Foster Carer                     | development understanding and experiences                      |
| Level 2                                    | Show an ability to anticipate and provide varied routines      |
|  | tailored to the individual needs of children which includes    |
| Able to meet the needs of more complex and | learning and play and goal setting according to the child's    |
| demanding children / young people.         | level of development and understanding.                        |
|  | Demonstrate an ability to manage incremental approaches        |
|  | to behaviour management which may include prioritising         |
|  | some behaviour over others to promote success.                 |
|  | Contribute to professional assessments under the guidance      |
|  | of the child's social worker, supervising fostering officer or |
|  | other professionals  |
|  | Attend Court proceedings involving placed children / young     |
|  | people where required  |
|  | Actively promote the value of engaging in local activities and |
|  | community links for placed children and young people where     |
|  | age appropriate  |
|  | Demonstrate tenacity and resolve in managing the needs of      |
|  | children and young people to achieve goals.                    |
|  | Demonstrate a reflective approach to learning and              |
|  | development  |
|  | Use learning to demonstrate depth in understanding the         |
|  | range of issues that affect children and young people who      |

| are Looked After   |  |
|--|--|
| Work closely with other professionals sharing information, |  |
| exchanging skills, working under guidance and in           |  |
| collaboration with others.                                 |  |
| Provide written reports as required                        |  |
| Actively support work with birth parents / extended family |  |
| where appropriate and where there may be a level of risk.  |  |

| COMPETENCY                       | CRITERIA   | EVIDENCE |
|----------------------------------|--|----------|
|                                  | Expectations are in line with the child's individual stage of  |          |
|                                  | development and understanding.                                 |          |
|                                  | Understand the impact of early trauma on child development     |          |
|                                  | including attachment and actively promote children's           |          |
|                                  | recovery and repair from their previous experiences            |          |
|                                  | Show an ability to anticipate and provide varied routines      |          |
|                                  | tailored to the individual needs of children which includes    |          |
|                                  | learning and play and goal setting according to the child's    |          |
|                                  | level of development and understanding.                        |          |
| Promoting Children's Development | Help children to develop appropriate social behaviour and      |          |
| Level 2                          | help children manage their emotions                            |          |
|                                  | Be able to identify factors which inhibit the development of a |          |
|                                  | child/ young person's potential, offer encouragement,          |          |
|                                  | opportunity and strategies to overcome any barriers            |          |
|                                  | Make proactive contributions to problem resolution in          |          |

|                                  | education for children / young people placed.                 |  |
|----------------------------------|---|--|
|                                  | Effectively support work with birth parents / extended family |  |
|                                  | where appropriate   |  |
|                                  | Help children to develop appropriate social behaviour and     |  |
| Promoting Children's Development | help children manage their emotions.                          |  |
| Level 2 ctd                      |   |  |

| COMPETENCY           | CRITERIA  | EVIDENCE |
|----------------------|---|----------|
|                      | Be able to identify their training needs                              |          |
|                      | Be able to demonstrate how learning from courses / training/          |          |
|                      | experiences has impacted upon their practice and influenced their     |          |
| Personal Development | work.   |          |
| Level 2              | Make positive use of supervision and guidance from a supervising      |          |
|                      | fostering officer and reflect and learn from advice given             |          |
|                      | Have completed mandatory training                                     |          |
|                      | Recognise inequality and discrimination and challenge them            |          |
|                      | effectively, ensuring that foster care practice respects all children |          |
|                      | and their families.   |          |

## Level 3

#### **Requirements:**

Evidence significant childcare experience e.g. parenting / looking after other people's children / paid or voluntary work in childcare / previous fostering experience (at least 2 years)/ experience in a related field such as youth work, nursing, teaching. Demonstrate an ability to take challenging children with more complex needs, showing greater levels of vulnerability and where there is greater risk or barriers to overcome.

**Progression Requirements:** Have been an approved carer for at least 2 years. Meet Level 1 and 2 requirements. Have completed all mandatory training. One approved carer in the household must have a full-time commitment to fostering with no other paid work commitments outside of the fostering service.

#### **General requirements:**

Must be able to take children with more complex needs and undertake more challenging tasks than in Level 2. This may include children or young people with moderate or severe Learning difficulty, some aggressive or risky behaviour, truanting or missing from home episodes, occasional substance misuse and low level offending. Must be prepared to take emergency placements for challenging children and young people.

Carers will be expected to accept referrals for children the service has assessed as within their approval category subject to usual matching considerations, where a vacancy exists and where matching issues with other young people in placement can be addressed.

#### **Training Requirements**

Complete Mandatory Training. Have completed Level 2 Certificate in Care. Have completed Level 2 Counselling Skills Carers transferring from another agency must evidence completion of these or equivalent OR agree to complete within 12 months of approval with South Tyneside Council

| In addition to level 2 training                                       | Enhanced training options:                                      |
|---|---|
| Diploma in Care – Children's Route [currently self-funded]. (Level 3) | Be prepared to undertake Diploma in Health and Social Care.     |
| Attachment Training* [18 week course].                                | Parenting Programme based on Behavioural management strategies. |
|   | Diploma in Care - Advanced [currently self-funded]. (Level 5)   |

## Level 3 Evidence

| Observations of practice                     | Supervision Records  |
|--|--|
| Attendance at meetings                       | Foster Carer Review and PDP  |
| Reports from children in placement           | Written Reports and Diary recording  |
| Significant Event Recording                  | Delegated Authority Tool   |
| Written contributions                        | Training engagement and feedback   |
| Court attendance                             | Engagement and implementation in therapeutic work                                    |
| Active use of safety plans where appropriate | Active involvement in recruitment and retention strategies for the Fostering Service |

# Practice requirements ensuring that children achieve the best possible outcomes from their care with foster carers:

Level 3 (In addition to Levels 1 and 2)

|   | COMPETENCY | CRITERIA  | EVIDENCE |
|---|------------|---|----------|
| ľ |            | Maintain active involvement with and provide information to |          |
|   |            | appropriate specialist health services to meet the needs of |          |

|  | placed children / young people e.g. therapeutic services.  |
|--|--|
| Healthy Care and Keeping Children Safe | Evidence ability to manage more challenging and demanding  |
| Level 3                                | behaviours and support more specialised placement          |
|  | commitments such as aggression, sexualised behaviour,      |
|  | substance misuse, self- harm, diagnosed mental health      |
|  | issues, disability, parent and child placement subject to  |
|  | assessed level of risk and need.                           |
|  | Be able to offer significant flexibility in meeting the    |
|  | placement needs of more complex children / young people    |
|  | e.g. non school attendance, children/ young people missing |
|  | from home, young people at risk of sexual exploitation.    |

| COMPETENCY           | CRITERIA   | EVIDENCE |
|----------------------|--|----------|
|                      | Provide mentor support / advice to other carers.             |          |
|                      | Carer demonstrates a track record of effective parenting     |          |
|                      | and/or working successfully with children and young people   |          |
|                      | to improve outcomes.   |          |
| Role of Foster Carer | Contribute to professional assessments of children / young   |          |
| Level 3              | people   |          |
|                      | Work cooperatively and supportively with birth family /      |          |
|                      | relatives where considered appropriate including supervision |          |
|                      | of contact where there are identified risks.                 |          |
|                      | Carer can demonstrate strengths in diplomacy, tact and       |          |

|  | negotiation skills in managing difficult and complex situations |  |  |  |
|--|---|--|--|--|
|  | that may be volatile.   |  |  |  |
|  | Develop skills and evidence ability to work closely with birth  |  |  |  |
|  | parents / extended family in order to achieve placement         |  |  |  |
|  | plans   |  |  |  |
|  | Provide detailed reports as required and contribute to a wide   |  |  |  |
|  | range of meetings / forums                                      |  |  |  |
|  | Demonstrate insight in their approaches to behaviour            |  |  |  |
|  | management, understand the impact of their approach and         |  |  |  |
|  | adjust strategies accordingly                                   |  |  |  |
|  | Carer can maintain perspective about the causes and             |  |  |  |
|  | influences of behaviour and remain child focussed in their      |  |  |  |
|  | responses.  |  |  |  |
|  | In their work consistently demonstrate an understanding of      |  |  |  |
|  | the reasons for developmental delay due to the impact of        |  |  |  |
|  | early life experiences of children and young people.            |  |  |  |
|  | Demonstrate an ability to manage stress and maintain            |  |  |  |
|  | functioning during prolonged periods of difficulty and          |  |  |  |
|  | pressure.   |  |  |  |
|  |   |  |  |  |

| COMPETENCY                  | CRITERIA  | EVIDENCE |
|-----------------------------|---|----------|
|                             | Assist with plans / agreements for children / young people as           |          |
|                             | required. Work to agreements and contracts to achieve children's        |          |
|                             | plans and related outcomes  |          |
|                             | Evidence an ability to engage children and young people in              |          |
| Promoting Child Development | recognising and understanding their own behaviour and supporting        |          |
| Level 3                     | change.   |          |
|                             | Demonstrate a commitment to improving knowledge and                     |          |
|                             | understanding of specific educational issues in order to assist child / |          |
|                             | young person placed   |          |
|                             | Provide input to specialised / therapeutic parenting strategies with    |          |
|                             | professional support and guidance                                       |          |
|                             | Children and young people are shown how to and encouraged to            |          |
|                             | make reparations  |          |
|                             | Assist with plans / agreements for children / young people as           |          |
|                             | required. Work to agreements and contracts to achieve placement         |          |
|                             | plans and related outcomes  |          |
|                             | Contribute to the establishment and implementation of                   |          |
|                             | diversion/safety plans.   |          |
|                             | Demonstrate a commitment to improving knowledge and                     |          |
|                             | understanding of specific educational issues in order to assist child / |          |
|                             | young person placed   |          |
|                             | Encourage and support young people (where age appropriate) to           |          |
|                             | access work experience / part time work and promote their               |          |
|                             | knowledge, confidence and understanding of work related issues e.g.     |          |
|                             | compiling CV's / application forms                                      |          |

| COMPETENCY           | CRITERIA   | EVIDENCE |
|----------------------|--|----------|
|                      | Self- identify training and development needs and seek resources to  |          |
|                      | support this.  |          |
|                      | Produce a Personal Development Plan evidencing planning and          |          |
|                      | action towards the development of higher level skills and            |          |
|                      | competencies   |          |
| Personal Development | Support and assist the Fostering Service in promoting a positive     |          |
| Level 3              | fostering profile, including involvement in foster carer recruitment |          |
|                      | initiatives  |          |
|                      | Can manage children and young people who experience                  |          |
|                      | considerable crises in their daily lives and maintain continuity of  |          |
|                      | care throughout these periods.                                       |          |
|                      | Contribute to the delivery of training                               |          |
|                      | Provide mentor support / advice to other carers via support groups   |          |
|                      | Consider/ participate in the delivery of new carer preparation and   |          |
|                      | training in partnership with Fostering Staff.                        |          |

#### Level 4

#### **Requirements:**

Significant formal childcare experience e.g. previous fostering experience 2 years minimum; including children with complex needs/ employment in childcare or related experience. Demonstrate an ability to reflect upon professional experience and relate this to the fostering task. Evidence experience of caring for children who are highly vulnerable, where there are increased risks and where there is very likely to be ongoing challenges and setbacks in caring for them. One approved carer in the household must have a full time commitment to fostering with no other paid work commitments outside the fostering service. Can be available to the child/ young person if they are not in full time education provision

#### **Progression Requirements:**

Must have been a foster carer for at least 2 years and provide evidence of a skill set reflecting high level competencies and experience. Meet Level 1,2 and 3 requirements. Have completed Mandatory Training, Act as a Mentor to newly approved carers, and provide emergency Placements.

#### **General requirements:**

Must be able to provide a therapeutic approach to parenting in one or more key areas where the child/ young person demonstrates significant levels of vulnerability and high levels of emotional need e.g.: Parent /Child; Assessment (subject to assessed need); Planned Permanency for challenging children and young people; Children with complex Disability including severe learning disability and/ or severe physical impairment; Children having experienced significant disruption / placement breakdowns; Teens / Placements linked to the Youth Justice

system including remand; Children and young people with diagnosed mental health issues. Placements for young people with particularly challenging behaviours where residential placements may be the alternative.

This may include frequent / high levels of:

- non-school attendance
- regular absconding
- substance misuse
- offending
- self-harm
- history of violence or aggression
- sexually harmful behaviour
- child Sexual Exploitation
- high levels of learning disability or physical impairment
- Children who require a solo placement due to their level of need.

#### **Training requirements**

| In addition to level 3 training                                | Enhanced training options: |
|--|----------------------------|
| Therapeutic Parenting  | To be determined           |
| Attachment Training – Advanced / Support Groups                |                            |
| Diploma in Care - Advanced [currently self-funded]. ( Level 5) |                            |

#### Level 4 Evidence

| Observations of practice                     | Supervision Records  |
|--|--|
| Attendance at meetings                       | Foster Carer Review and PDP  |
| Reports from children in placement           | Written Reports and Diary recording  |
| Significant Event Recording                  | Delegated Authority Tool   |
| Written contributions                        | Training engagement and feedback   |
| Court attendance                             | Engagement and implementation in therapeutic work                                    |
| Active use of safety plans where appropriate | Active involvement in recruitment and retention strategies for the Fostering Service |

# Practice requirements ensuring that children achieve the best possible outcomes from their care with foster carers: Level 4 (In addition to Levels 1, 2 and 3)

| COMPETENCY                             | CRITERIA  | EVIDENCE |
|--|---|----------|
|  | Achieve sustained high level work with specialist health services for |          |
|  | children young people, including direct work with the child / young   |          |
|  | person in placement contributing to ongoing assessment and            |          |
|  | implementing recommended parenting techniques.                        |          |
|  | Support children and young people in immediate crisis through         |          |
|  | being prepared to provide out of hours./emergency placement and       |          |
|  | those required at short notice  |          |
| Healthy Care and Keeping children Safe | Engage in specialist medical training for the health of children that |          |
|  | require this  |          |
| Level 4                                | Effectively manage persistently challenging and anti-social           |          |
|  | behaviours of children / young people placed                          |          |
|  | Provide commitment to specialised placements of children / young      |          |
|  | people with the most complex needs e.g.: Parent / Child;              |          |
|  | Assessment; Remand; Permanence; Children with a disability;           |          |
|  | Children / Young People having experienced significant disruption;    |          |
|  | Single placements in the household; Children / Young people who       |          |
|  | might otherwise require a residential placement                       |          |

| COMPETENCY               | CRITERIA  | EVIDENCE |
|--------------------------|---|----------|
|                          | Supervise Contact and provide detailed analysis and assessment of |          |
| Role of the Foster Carer | contact arrangements inside and outside the foster home where     |          |
| Level 4                  | pertinent to the child's care plan. This may include manageable   |          |

|   | levels of risk.   |
|---|---|
| Highest level skills required to meet the needs of          | Ability to provide comprehensive assessments of children's needs      |
| more complex and demanding children.                        | Carer can maintain perspective about the causes and influences of     |
|   | behaviour   |
| This may include high levels of:                            | Produce recording and reporting of a high quality and detail that can |
| non-school attendance                                       | inform the development of child care planning                         |
| regular absconding  | Carer shows initiative in all areas of their work and uses creativity |
| substance misuse dependence                                 | and innovation in their approach, interventions and strategies in     |
| • prolific or serious offending                             | working with children and young people in their care                  |
| self-harm   | Carer is able to maintain perspective and unconditional positive      |
| <ul> <li>Violence or aggression or a significant</li> </ul> | regard in their care of children and young people during periods of   |
| history of this   | stress and pressure while remaining resilient about addressing        |
| sexually harmful behaviour                                  | pertinent issues.   |
| Child Sexual Exploitation                                   |   |
| Learning disability or physical impairment                  |   |
|   |   |
|   |   |

| COMPETENCY | CRITERIA  | EVIDENCE |
|------------|---|----------|
|            | Actively promote children's recovery and repair from previous   |          |
|            | experiences   |          |
|            | Demonstrate a high level of knowledge and understanding of      |          |
|            | educational issues and work closely with schools and education  |          |
|            | providers to ensure that children are well supported with their |          |

| Promoting Child Development | learning.  |
|-----------------------------|--|
| Level 4                     | Play a pro-active role, in close liaison with other professionals in |
|                             | supporting a young person's transition to new experiences and adult  |
|                             | life   |
|                             | Demonstrate familiarity and experience in the development,           |
|                             | implementation and nurture of diversion plans.                       |

| COMPETENCY           | CRITERIA  | EVIDENCE |
|----------------------|---|----------|
|                      | Consider/ participate in the delivery of training in partnership with |          |
|                      | Fostering Staff.  |          |
|                      | Support and assist the Fostering Service in promoting a positive      |          |
| Personal Development | fostering profile, including involvement in foster carer recruitment  |          |
| Level 4              | initiatives   |          |
|                      | Identify own training and development needs and keep up to date       |          |
|                      | and informed about child development issues applying this             |          |
|                      | knowledge to their work   |          |
|                      | Demonstrate considerable resilience and skill in daily practice to    |          |
|                      | achieve desired outcomes for children and young people.               |          |
|                      | Can anticipate and prepare for setbacks, struggles, barriers and      |          |
|                      | provide continuity of care during these times.                        |          |
|                      | Demonstrate a personal commitment to continuing professional          |          |
|                      | development   |          |
|                      | Be prepared to represent the Fostering Service in wider forums for    |          |
|                      | example, via attendance and contributions to conferences, panels,     |          |
|                      | working parties.  |          |