South Tyneside



Updates from South Tyneside Council and Partners • March 2022







Delivering a balanced budget



Business and regeneration



What's happening in your local area







Spread the word!



Councillor Tracey Dixon, Leader of the Council

Collectively we can make a real difference in South Tyneside and that is why it is important that we work together to shape our borough's future.

Your ideas count, we are listening, and our plans are shaped by our continued engagement with the residents of South Tyneside so that resources are allocated to meet community priorities.

Despite the financial pressures we are under we have made ourselves leaner and more efficient to provide services at the best value for money. But we can't do this alone. We work alongside our partners, volunteers, and community groups to make sure that the limited resources we have are put to good use.

Our residents and business surveys will allow us to ensure that our plans align with your priorities both now and in the future.

Tracey Dixon

Investing in

Last year the Council launched its five community priorities to help shape South Tyneside for residents and businesses. These are in additional to the Council's every-day tasks. We'd like to update residents on what's been happening across South Tyneside.

This year, the council must save £6.6m in 2022/23 in addition to the £183m already saved since 2010. Unlike other organisations we cannot run a deficit and that is why it is vital that we present a balanced budget that meets your priorities and focuses on recovery and renewal as we come out of the pandemic.

Our spending decisions are made against the backdrop of the Council's community priorities to; support young people in need, support families and our older or more vulnerable communities, create the conditions for recovery and investment, support town centres, high streets, villages, and hospitality and invest in our natural and built environment. The budget plan for 2022 to 2027 includes investment in playgrounds on a rolling programme over the next five years, borough wide accommodation schemes for more vulnerable adults, increasing provision for children with special educational needs and continuing to deliver innovative renewable energy schemes in each town.

Residents have told us that regeneration and jobs are still their highest priority and that is why we are continuing our investment in the International Advanced Manufacturing Park (IAMP), Holborn riverside and major transport schemes.



your priorities



We know that people's local surroundings are important to them, so we have increased our footpaths and highways improvement budget by a quarter of million to £5.25m in 2022/23. We have also invested in new litter bins and our street cleansing budgets have been maintained

We continue to invest in our own housing stock and have also started to build council homes for the first time in over a decade.

This year Council Tax will increase by 2.95% which equates to around 64p per week for Band A households, into which the majority (around 70%) of households fall. The value you see on your bill isn't just for the council but also includes a levy from both the police and fire services. It also includes an adult social care levy of 1% that goes directly towards the provision of adult social care services in South Tyneside and is Unlike other organisations we cannot run a deficit and that is why it is vital that we present a balanced budget that meets your priorities and focuses on recovery and renewal as we come out of the pandemic.

ringfenced for that purpose. Adult and children's social care continue to be our biggest areas of spend and account for over 70% of our discretionary budget.

We know that times are challenging, and we will continue to support you wherever we can. We have maintained our welfare support provision and we currently support 18,400 households through our council tax support scheme.





While we have savings to make, we cannot simply stand still. We work relentlessly to bring in additional funding to the borough so that we can progress innovative projects and schemes to improve South Tyneside in the longer term. Our capital assets like buildings, leisure centres, community facilities, coastline, parks and open spaces are there for you to enjoy now and safeguarded for future generations to come by our continued investment.

Latest news:

For up-to date information, news and information follow South Tyneside Council on our Social Media:

- @STynesideCouncil
- O @STyne_Council

Priorities updates

Last year the Council launched its five community priorities to help shape South Tyneside for residents and businesses. These are in additional to the Council's every-day tasks. We'd like to update residents on what's been happening across South Tyneside.



Support our young people in need

- Additional places for pupils with special educational needs and disabilities at Hedworthfield, Bamburgh and for Epinay, bringing the former South Shields School building back into use and supporting learners up until the age of 25 years
- Mockingbird fostering model launched
- Free holiday meals- summer and Christmas
- Foxden refurbishment inc. sensory room
- Laptops to children -ongoing











Create the conditions for economic recovery and investment

- An Economic Recovery Plan to help create future growth and prosperity, delivering 10,000 jobs to the region over the next five years
- Support to schools and further education to equip young people with skills to secure new jobs
- Launched ST Pledge to boost local economic activity, reduce health inequalities, cut carbon emissions, and enhance civic pride. Now almost 75 organisations have signed up
- Distributed **£52m in business support grants** from government
- Completion of Jarrow manufacturing zone
- First ever borough-wide business survey launched in October 21
- Supporting IAMP Gigafactory

Support families and older or vulnerable populations

- 3 new borough-wide schemes to provide homes for older people who can't live at home
- A new partnership team to tackle incidences of domestic violence
- Continued support to established Mutual Aid groups and Food Banks across South Tyneside
- One of the best in the country for health checks for people with severe mental illness and learning disability
- Happy to Chat benches
- **Digital resources** for people with caring responsibilities to stay in work
- Adult Social Care consultation ongoing
- Recycling balance bikes



www.southtyneside.gov.uk/communitypriorities



Invest in our natural and built environment

- An £8million decarbonisation programme, benefitting people right across South Tyneside
- **Renewable energy**, including Hebburn Minewater Scheme, Jarrow's Viking Energy Network and at Middlefields and Holborn, South Shields
- New recycling initiatives, whilst tackling litter, fly tipping and dog fouling
 - More bins at Seafront
- New booking system for recycling village
- Battery recycling campaign
- Borough-wide roads and footpaths on a priority/safetyled approach, including the realignment of the coast road between Whitburn and South Shields to safeguard against natural erosion
- Improvements to our crematorium
- **3,000 trees planted per year**, supporting the delivery of a new Northeast Forest
- A further 10 electric vehicle charging points, taking the total to 55.
- Climate change toolkit
- Green Flag Parks
- Redwell steps
- Electric vans/ fleet
- Mill dene footbridge
- Climate change/ COP26
- North Marine Park complete
- Stronger shores
- Albert Road bridge
- Kirkstone Avenue bridge (Banana bridge)
- 3G Football pitch at Perth Green CA
- Monkton Terrace footbridge
- Salt marsh restoration Hebburn riverside as part of Tyne Estuaries Partnership



Support town centres, villages, high streets and hospitality

- Extend free, family-friendly cultural events right across the Borough
 - Summer in parks
 - Write festival, new exhibitions at The Word
 - Love Exploring app
 - New special Markets (stay shop play, feast, Christmas)
 - Ongoing events programme inc. fireworks, Christmas, summer etc
 - Great North Run back in 2022
 - Restaurant week October 2022
 - Culture Strategy consultation, due for launch March 2022
- Invest in South Shields Riverside, including new homes, and further town centre improvements for residents and visitors alike
- Free parking Step 3 and at Christmas
- Named as Arts Council Priority Place
- Additional investment in Christmas lights
- Administered shop improvement grants
- Covid support for hospitality, pavement licences
- BSCOs supporting hospitality and retail through covid
- ARG funding (wet pubs, hospitality, hardship etc)





We are undertaking a resident survey to understand what is important in the longer-term, to help us shape services for the future.





An artist's impression of Hebburn Minewater energy centre

Hebburn Minewater Scheme

The Hebburn Minewater scheme is progressing at pace.

The council has appointed a contractor, Vital Energi, to build the energy centre and pipe distribution network. Construction is due to get underway imminently.

Late last year, target mineworkings were hit, at a depth of 291m, which was crucial to the success of the multi-million-pound project. Testing also revealed that the temperature of the minewater is warmer than anticipated, which will result in significantly higher annual carbon savings than previous estimates.

The highly innovative project will see geothermal energy drawn from abandoned flooded mines from the former Hebburn Colliery and used to heat council-owned buildings, including a residential tower block.

For further information

- 0191 427 7000
- hebburnminewater@southtyneside.gov.uk
- Q www.southtyneside.gov.uk/hebburnminewater

CARBON CUTTING SCHEMES

A raft of carbon-cutting schemes across the Borough are nearing completion.

Last year, the Council secured £8m from Government to fund 26 decarbonisation projects in schools, leisure facilities and civic buildings.

The schemes, which will collectively save 4475 tonnes of carbon dioxide equivalent a year, have included replacing gas boilers with energyefficient heat pumps, converting existing lighting to LED, installing roofmounted solar PV panels and building fabric improvements.

One of the schemes which has undergone improvements is Jarrow Pool, which has had its roof replaced, incorporating the installation of solar panels which will power new energy efficient heat pumps being fitted in place of the carbon intensive boiler system. The measures are expected to save at least 89 tonnes of CO, per year.

A large proportion of the funding is also being used on enabling works for the Holborn Renewable Energy Network, including drilling of boreholes, construction of wells and testing of the minewater.

Rees

6



www.southtyneside.gov.uk/climatechange

Holborn Renewable Energy Network

Phase One of our most ambitious district heating scheme, the Holborn Renewable Energy Network, in South Shields, is ongoing.

The estimated £23million project will use a combination of technologies, harnessing heat from abandoned flooded mines, as well as from the River Tyne.

The first test borehole has successfully hit target, and drilling is continuing on the second borehole. As with the Hebburn minewater scheme, the water temperature if higher than envisaged, meaning there will be greater annual carbon savings than the 2,436 tonnes initially estimated.

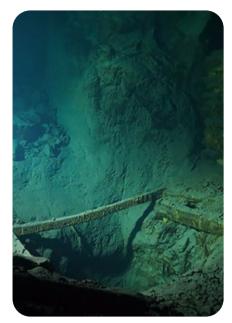


Image of flooded mines

VIKING ENERGY NETWORK



An artist's impression of the Viking Energy centre

The Viking Energy Network Jarrow is starting to take shape.

Construction of the energy centre is well underway, with the erection of steelwork almost complete and development of the distribution network also progressing.

This groundbreaking district heating system will be the first of its kind in the UK. It will harness heat from the River, compress it to a higher temperature and convert it into useful energy. It will then be exported it Council and community buildings.

The network is expected to cut annual carbon emissions by 1,035 tonnes, as well as saving around half a million pounds a year.







Fires in refuse vehicles caused by batteries

Don't put batteries in your bins!

Already underway, a campaign encouraging residents to not put batteries in their bins is taking place across South Tyneside, Gateshead and Sunderland.

Residents will notice a 'No batteries' sticker on their bins. Every household across South Tyneside will receive one. There have been over 300 incidents across the country in the last year where fires during waste processing are believed to have been caused by damaged batteries: 20 of them within the South Tyne and Wear area. This is not only a danger to our waste crew, staff at the processing plant but ALSO dangerous to residents.

Ken Corbett, National Waste Fire Tactical Advisor and Head of Operations at Tyne

and Wear Fire and Rescue Service, said: "If you put batteries in your general rubbish or recycling, during processing they can be crushed, punctured or shredded. Damaged batteries can leak toxic materials and can become very hot and spark, setting fire to any combustible materials around them. This is particularly hazardous in waste facilities or in collection vehicles, where they can cause large fires and present a real danger to life."

"Fires that involve batteries can prove very challenging and difficult to extinguish, and have a detrimental effect on the environment. I would remind people to dispose of batteries responsibly, and not amongst your general household waste or recycling."

To find the battery recycling points in your area visit www.southtyneside.gov.uk/recycle and search for 'Battery', or www.recycleyourelectricals.org.uk, and consider using rechargeable batteries to reduce future impact on the environment.





Bin Collections

Easter Collections

Normal collection	Revised collection
Fri 15 April	Sat 16th April

Queen's Platinum Jubilee

Normal collection	Revised collection
Thurs 2 June	Unchanged
Fri 3 June	Unchanged

You can find out when your bin is being collected at www.southtyneside.gov.uk/recycle

www.southtyneside.gov.uk/recycle







Let's recycle right!

This year we are asking all residents to help us make a difference and recycle right.

When you put something that doesn't belong in your recycling bin, it contaminates the whole load of other recyclables. It means the plastic bottles, glass jars,

tubs, yoghurt pots, empty deodorant cans etc. can't be recycled.

By putting the right item in the right bin- you can make a difference! Find a full list of what can and cannot be recycled at **www.southtyneside.gov.uk/recycle**

Top 5 items that CAN NOT be recycled









Although a large number of our residents are recycling correctly, we still receive the same items that **cannot be recycled!**

- Nappies
- Food waste
- Plastic bags/sacks
- Textiles (curtains, duvets, towels, sheets)
- Dirty cardboard (greasy, wet boxes)



Do not put any plastic bags or black sacks in your blue bin. Your recyclables should be placed in the bin loose.

Below are some of our top tips for helping to recycle for South Tyneside

- Do NOT put batteries in your blue recycling bin
- Rinse and squash recyclable plastics and bottles
- Rinse glass bottles and tins
- Remove cling film/lid covers from plastic trays as these cannot be recycled
- Only put items that can be recycled in your bin



Trade waste

We offer trade waste collections across South Tyneside. If you'd like a quote for trade waste collections please call **0191 427 7000.**

You asked... We did Garden waste

Residents requested additional garden waste collections to help with excess grass, weeds and leaves due to milder weather. We are delighted to announce that the garden waste scheme is adding an additional two collections to the 2022 subscription. The garden waste collections will operate March/April- Nov/Dec.

For just £32 per year, we can collect your garden waste from your door. Subscriptions are open until August. For more information or to renew/subscribe visit www.southtyneside.gov.uk/gardenwaste







Have you activated your account?

One Access to Your Account

Did you know that there is an easy and simple way to access our Council Tax and benefits services online?

All you have to do is create an online account and add services.

An account is free and easy to use and will allow you to view your details online for the following services:

- 🗸 Council Tax
- Housing Benefit and Council Tax Support
- ✓ Landlord Services

When registering online don't forget to click on the registration confirmation that is sent to your email address to activate your account!



Once your account is set up online you can:

- 🗸 set up a Direct Debit
- view your Council Tax account online
- ✓ Sign up to view your bills online
- apply for or cancel a single person discount
- view your Housing Benefit claim or Council Tax support claims online
- view your next and previous payments and
- Sign up to view your benefit notifications online.

As a landlord you can:

- ✓ view your tenant's benefit online
- view next and previous payments and
- Sign up to view your benefit notifications online

For more information and to apply online visit

www.southtyneside.gov.uk/counciltax www.southtyneside.gov.uk/benefits

Council Tax and Housing Benefit

Visit www.southtyneside.gov.uk/ counciltax or www.southtyneside. gov.uk/benefits to find out about Housing Benefit and Council Tax discounts, how to pay and how to tell us if your details have changed. Housing Benefit and Council Tax support information is available with information on how to apply, how much you will receive and how to tell us if your details have changed

Landlords can find out how housing benefit is calculated and paid.

DON'T FORGET to activate your account you MUST click on the confirmation link sent to your email address!

www.southtyneside.gov.uk/counciltax

South Tyneside Council



Report It

Our online forms allow residents to let us know about issues across South Tyneside.

From missed bins, safeguarding concerns, anti-social behaviour, vandalism, dog fouling, fly tipping, potholes, noise issues, graffiti to broken or faulty street lighting. As a resident of South Tyneside, you can tell the Council about a range of issues across South Tyneside at **www.southtyneside.gov.uk/reportit**

Online forms give residents the flexibility to report issues at a time most convenient to them. Our online forms are quick and easy to use. Council teams will investigate the reported issue.

Roads, pathways and street lighting

- Abandoned vehicle
- Blocked or broken drain in the road
- Highway obstruction
- Street lighting problem
- Pothole
- Path / public right of way problem
- Pavement problem
- Traffic light fault
- Traffic problems and speed check issues

Environmental and community issues

- Abandoned shopping trolleys
- Countryside enquiry
- Report a dangerous structure
- Dog fouling
- Fly posting



Business

- Business rates (NNDR) change in circumstances
- Food safety
- Consumer complaint Report an individual or business to Trading Standards
- Gaming machine complaint
- Report a rogue trader
- Report sales of age restricted products

- Graffiti
- Noise problem
- Overhanging tree or branch
- Play area or skate park issue
- Public toilet issue

Crime and disorder

- Report antisocial behaviour
- Counterfeit goods
- Disguised car traders
- Report a hate incident
- Report a racial incident
- Loan sharks and unlicensed money lenders
- Vandalism

Bins and rubbish

- Missed bin collections
- Litter in the street
 Recycling site

problem

Fly-tipping
Litter bin problem



Council Tax and benefits

- Change of address (Council Tax)
- Council Tax discount / reduction
 application
- Change of Council Tax due date
- Housing benefit change of address

Housing and planning

- Moving out of South Tyneside
- Moving into or within South Tyneside
- Demolition notification
- Report an empty property
- Unauthorised development
- Land ownership enquiry
- Cooling tower notification
- Social housing report suspected fraud
- Report it now online:

| www.southtyneside.gov.uk/reportit







Litter free South Tyneside

We think South Tyneside is a fantastic place to live, work and visit - let's keep it that way!

While the majority of residents use nearby street bins or take their rubbish home with them. There are some who do not.

We are asking residents and visitors this year to help South Tyneside become a Litter-free zone. We are asking everyone out and about to be responsible for their own waste.

Disposing of litter in the appropriate bin is a powerful way to make sure that less debris ends up in our streets, in our streams, rivers, seas and Oceans. Not only is it messy to look at, spoils the environment but it's also harmful to the local wildlife. Plastic waste suffocates, disables and kills thousands of animals each year.

Did you know?

- Almost 48% of people admit to dropping litter
- 1.3m pieces of rubbish are dropped on UK roads every weekend. 1/3 of motorists admit to littering while they are driving. We can see evidence along the Leas – a natural beauty spot and popular with local wildlife!!
- Nearly ALL litter ends up in our Oceans. Nearly Nine billion tons to be exact
- More than 4.5 trillion cigarette butts are discarded globally each year. It takes almost 10 years for a cigarette butt to decompose

You asked... We Did

We listened to resident concerns about litter on the seafront. This summer, residents and visitors will benefit from new recycling and larger litter bins along the seafront and foreshore. The new bins will be equipped with special sensors that measure the level of litter in the bin and notify our Foreshore teams when they are nearly full. This will allow the teams to quickly attend to bins that are full.

Let's keep South Tyneside beautiful. Leave only footprints on our beaches and memories in our parks.

- Some people think dropping left over fruit isn't a problem. It counts as littering and it can take up to 2 years for a banana skin, 6 months for orange peels and eight weeks for an apple core to fully decompose
- Aluminium cans take 80-100 years to degrade
- Plastic. 500 years to decompose
- While you might have thought that plastic was the most resistant material to biodegradation, it's in fact glass. A glass bottle could take up to 1,000,000 years to properly biodegrade.



We need to stop littering before it's too late!

Take your rubbish to the nearest bin or home with you.



South Tyneside makes ocean recovery declaration

South Tyneside Council has become the first local authority in the north of England to declare an urgent need for ocean recovery.

The 'Motion for the Ocean', supported at a recent Borough Council meeting, recognises the importance of the ocean in the fight against climate change and the role that local and national government can play to help protect it.

The declaration commits the Council to consider ocean recovery in its decision and policy making, to help improve the way marine environments are used and managed, to rally support for local people to act as marine citizens and to lobby Central Government for change at national level.

Councillor Ernest Gibson is Lead Member for Area Management and Community Safety at South Tyneside Council and Chairman of the Local Government Association's (LGA) Coastal Special Interest Group (SIG). He said: "Coastal communities, such as South Tyneside, are disproportionately impacted by climate change compared to inland communities due to rising water



temperatures and sea levels, changes in ocean chemistry and more frequent extreme weather impacts.

"These factors can affect local seafood and tourism industries while accelerating coastal erosion and the risk to infrastructure and properties. We have been leading the way for marine conservation regionally though projects such as SeaScapes and Stronger Shores, and nationally in our role as lead authority of the LGA Coastal SIG."

The ocean is an important part of our local heritage, with its future protection a key factor in delivering local prosperity, boosting the Borough's economy, providing sustainable jobs and ensuring a clean, safe coastal environment which better connects people and the sea.

The Motion supports South Tyneside Council's ongoing efforts to tackle climate change and environmental issues. In 2019, the Council declared a climate emergency, making a commitment to become carbon neutral by 2030 and to enhance the natural environment.

The Borough is the third council in the UK, after Plymouth and Falmouth, to pass the Motion for the Ocean - a model motion of pledges which have been developed by three marine and coastal experts to encourage local authorities to declare an urgent need for ocean recovery.

We have been leading the way for marine conservation regionally though projects such as SeaScapes and Stronger Shores, and nationally in our role as lead authority of the LGA Coastal SIG."











Active travel across South Tyneside

A 15 year strategy has been agreed to boost active travel across South Tyneside.

The Council's Cabinet approved the Local Walking and Cycling Infrastructure Plan (LCWIP), which identifies improvements to help promote sustainable transport and reduce reliance on private car journeys.

The Department for Transport has advised local authorities that having an approved LCWIP means they are better placed to secure external funding for active travel schemes and future infrastructure projects.

To help formulate the plan, feedback was gathered from several public drop-in sessions and an online consultation tool. More than 500 submissions were received, with residents providing information about where infrastructure improvements were needed.

Cllr Jim Foreman, Lead Member for Housing and Transport, said: "This strategy will help us create an environment where cycling or walking become part of everyday life and are the natural choice for shorter journeys.

"We already have a comprehensive walking and cycling network complemented by an excellent public transport system in the borough.

"The plan provides a longterm approach which will highlight local and regional improvements to boost the number of active travel trips as well as improving safety for cyclists and pedestrians.

"It will help us deliver on our



Cllr Jim Foreman

key priority of investing in the natural and built environment, as well as aligning with our Sustainable South Tyneside strategy, supporting our drive to decarbonise the borough."



Domestic Abuse Don't suffer in silence

A new service was launched in November 2021 in South Tyneside to help tackle the problem of domestic abuse.

The Restart service, within the Council's Children and Families Service, launched on White Ribbon Day, the international day for the elimination of violence against women. It is another example of how the Council is delivering on its priority of supporting families and vulnerable communities.

The main aims of the new service are to work directly with parents and carers who have experienced abuse, improve the safety and wellbeing of children by reducing the incidents of abuse and by working directly with perpetrators of abuse to help them change their behaviour.

Victims of abuse will be offered support to re-build family bonds and increase family resilience while perpetrators will be encouraged to think about the impact of their behaviour.



contact

To find out more about the new service, contact l'sha Hussain Isha.Hussain@southtyneside.gov.uk

The Dresses of Sorrow Exhibition

The Dresses of Sorrow Exhibition was held as part of 16 days of activism against gender-based violence.





140 dresses were displayed on washing lines as a visual representation of women who lost their lives at the hands of a man in 2021. Each dress was a tribute to ensure that each woman is remembered as an individual, rather than a statistic.



Support

If you or someone you know is in immediate danger, please call **999** and ask for the police.

Silent calls to the police will work if you are not safe to speak – use the Silent Solution system and call **999** and then press **55**.

A directory of services, guidance and personal safety planning advice can be found at: www.southtyneside.gov.uk/ domesticviolence

www.southtyneside.gov.uk/domesticviolence





Invest SOUTH TYNESIDE

South Tyneside Pledge

More than 75 organisations have signed up to the South Tyneside Pledge since it was launched at New Year. Both public and private sector organisations, big and small, have got behind the new charter, to help create a thriving future for the borough. These include South Shields Eats, Customs House, Dicksons, UTS Engineering, West Boldon Post Office, Coote O'Grady Ltd, Equinor and BlueJay Body, Mind & Soul CIC. The Pledge aims to boost local economic activity, cut carbon emissions, and enhance civic pride for the benefit of the whole Borough.

By signing up to the nine commitments, organisations are saying that they will do all they can to bring about positive change, for example by recruiting local people, working with local schools and encouraging local volunteering.



"There are some real practical things that we as business owners and residents can do to drive economic activity for South Tyneside, like supporting local businesses and spending our time and money within the borough."

Geoff Thompson, Chairman, South Shields Football Club

South Tyneside Business Week will focus on supporting organisations to help meet their commitments, with events planned around skills, recruitment and procurement.

Businesses can sign up now:

 $\mathsf{Q}\mid\mathsf{www.southtyneside.gov.uk/southtynesidepledge}$

"The community is really important to us, because actually without the community we wouldn't have the Port. Ultimately, we require a prosperous, driven, economically sustainable environment for us to still be here in another 2000 years, and so for us we have got to invest, because we have got to invest in our future."

Charlotte Brown, Chief Commercial Officer, Port of Tyne





Since the start of the pandemic, the council has distributed more than **£52million** in government grants to support businesses





Holborn Regeneration Scheme

The multi-million-pound Holborn regeneration scheme, which will revitalise derelict dockland in South Shields, is underway.

The project will transform the former brownfield site and disused docks into a thriving riverside area for living, working and entertainment.

Work has started on Phase 1 of the residential element of the scheme, which will deliver 48 family homes, in tandem with civil engineering works which will prepare the wider nine-hectare site for future development.

The development will increase the residential population in and around the town centre – meaning more footfall, and more people using local businesses and services, supporting the local economy and helping to build a sustainable future.

Phase 1 will consist of 48 family homes. Later phases will bring around 300 further one

to four-bedroomed houses and apartments, delivered by Keepmoat Homes, working in partnership with Cussins. 15% of the homes will be affordable.

The site is currently split-level with a failing quay edge wall, and the remediation works will renew the quay edge, overcome serious flooding issues and create a gentle slope from Commercial Road to the Tyne.



Holborn artist impression

A new river edge promenade will be created, and the riverside's industrial history will be preserved with the renovation of three of the former dry docks.

The project delivers on the council's key priorities of creating the conditions for recovery and investment and invest in the natural and built environment.

The Council has been hugely successful in attracting millions of pounds of external funding for a range of regeneration schemes including Holborn and is making steady progress on clearing sites for development, with a focus on increasing footfall.



Holborn artist impression



Aerial view





NEW YEAR. NEW JOB.

Could you help someone live their best life?

Are you friendly, reliable, positive and want to make a difference?

South Tyneside Council is supporting the recruitment of local carers. Our borough urgently needs more carers, and the Council is urging residents to find out more about working in the care sector.

You may fancy a change in career, are unsure of the career opportunities in the care sector or you never considered care before.

No previous experience in care is necessary.

All applicants will be fully trained and supported. There are so many career paths and opportunities in the care community.

#MadeWithCare





living better lives

What does 'care' mean?

The council support adults across South Tyneside with social care needs.

This includes older people, people with physical disabilities or learning disabilities and people with mental health that impacts their daily lives.

We know people tend to be happier and healthier when they live in their own homes and feel in control of their own lives.

Carers ensure people are safe and well and tasks range from helping people to get washed and dressed, get ready for bed to preparing or collecting medication, shopping and ensuring the people they provide care for are getting out and about and involved in their local community.

Residents are looking for Personal Care Assistants to support them and there are also vacancies available within the residential, home care and supported living areas.

A range of temporary, permanent, full time or part-time roles are available.

Discover more:

 $Q \mid$ www.adultsocialcare.uk



Worried about an adult or child in South Tyneside?

Adult - Call the Let's Talk team: **0191 424 6000** Child - Call the ISIT team **0191 424 5010**

(Monday to Thursday - 8.30am to 5pm, Friday - 8.30am to 4.30pm)

0191 456 2093 (outside of the above office hours) Call **999** in an emergency



South Tyneside Council

www.southtyneside.gov.uk/safeguarding



Give children a better future, gain qualifications and be rewarded.

South Tyneside Council is committed to supporting our young people in need.

Discover More | www.southtyneside.gov.uk/fostering

🔮 | 0191 423 8500 🖂 | fostering@southtyneside.gov.uk 🚯 | www.facebook.com/groups/stcfostering



South Tyneside Council's Housing Company

Our New Annual Report Is Live!

The 2021 Annual Report is here! Scan the QR code or visit our website www.southtynesidehomes.org.uk to see this year's edition.

Written by tenants, for tenants it focuses on:

- · Issues that are important to tenants.
- · How South Tyneside Homes is performing.

and improve our current and future services!

· Future improvements and changes.

Our tenants play a huge part in helping produce this report, as well as working with us on other projects.

Are you a tenant who'd like to help create our future Annual Reports, as well as helping us improve the services we provide? There are lots of different ways you can give your views on South Tyneside Homes and help to shape

To find out more about our groups and how you can get involved, email our friendly Involvement Team on **connect2@southtynesidehomes.org.uk**, or call on **0300 123 6633**.







Storm Arwen impact on services

In November 2021, the aftermath of Storm Arwen posed a real challenge for our Repairs Team, bringing with it over a month's worth of work to complete in just one week!

The team worked quickly to ensure all urgent repairs were made safe. Thank you for your ongoing patience as we continue to fix non-urgent repairs.

Scan here J

Craft Club Housing Plus

Across our Housing Plus communities, our residents have been getting creative! Arts and crafts clubs are taking place weekly, allowing residents to meet up socially whilst using their artistic flair.

Andrea, who lives at our Byron Avenue scheme, led a team of creative residents to produce a stunning Remembrance Day tribute to display in the communal garden. Head to our Facebook page **www.facebook.com/stynesidehomes** to see the project in all its glory!

Housing Plus is South Tyneside Homes' independent living service available to over 55's. We offer a range of modern, safe and friendly apartments and bungalows across South Tyneside. Living in a Housing Plus home is enjoyable, social and supportive.



To watch the video, head to our Facebook page 🚯 /stynesidehomes

Welfare Support in Numbers

The pandemic has affected the finances of many residents of South Tyneside, whether due to income changes, job losses, or increased expenditure.

Our Welfare Support team continue to do a fantastic job supporting our residents. Just look at these numbers!

Achieved **£3.6million** in financial gains for residents of the borough

Helped residents manage and write off around **£400k** of debt

Financially assisted around **2500** households with over **£500k** of funding

Are you experiencing a crisis or unforeseen event that has caused you to be without food, gas, electricity, or energy? We may be able to help.

We also can help with furniture, white goods and flooring (subject to eligibility criteria being met).

For further details please visit **www.southtynesidehomes.org.uk**



South Tyneside Council's Housing Company

Keep in touch with us!

Did you know South Tyneside Homes are on Facebook, Instagram, and Twitter? Follow us on social to stay up to date with service changes and latest news!

- f) /stynesidehomes
- @stynesidehomes
- @southtynesidehomes

Better Health Tips



Better Health

South Tyneside Council is supporting the latest instalment of the Better Health campaign to encourage residents to lose excess weight, eat more healthily and get more active.

The Better Health website provides lots of free tips & tools to help people get started if they want to lose weight, eat better or get active; and the site can help you find additional weight loss support.

There are a variety of free NHS apps which help people introduce simple changes that will help them eat better & get more active, including the updated NHS Weight Loss Plan, which is shown to help people lose 5.8kg (or 12lbs) on average over just 12 weeks.



Search 'Better Health'

The Better Health campaign isn't here just to help adults either.

The NHS Food Scanner App is here to help! It provides parents with an easy hack to improve their children's health. With a simple scan of the barcodes, families can see how much sugar, saturated fat & salt is in everyday food and drinks. The App suggests healthier swaps, by encouraging users to choose "Good Choice" products there are thousands of Good Choice food and drink products you can swap to. A quick scan using a product's barcode will show you if it's a Good Choice. Keep an eye out for the "Good Choice" badge in the App, and when you're shopping in store or online.

Download the free App today from the App Store or Google Play or search 'Better Health Healthier Families'.

Healthy Start



Anyone who is pregnant or families with children under 4 and in receipt of qualifying benefits may be entitled to get help to buy some basic foods and milk.



Find out if you're eligible for the Healthy Start scheme at www.healthystart.nhs.uk and apply online.

Paper vouchers have recently been replaced by a prepaid card which can be used at any retailer that sells the eligible healthy start food and milk items and displays the Mastercard[®] acceptance mark.

Anyone who lives in South Tyneside and is at least 10 weeks pregnant and/or has a child under 4 years old can also claim FREE Healthy Start Vitamins every 8 weeks.

To find out where you can collect vitamins from visit www.southtyneside.gov.uk/ article/71249

for 'A Better U' detter ü

'A Better U' Lifestyle Programme

If you'd prefer regular face to face advice & support to lose weight, get fitter & lead a more active life, then A Better U Lifestyle Programme is the perfect solution!

It is a FREE 12week lifestyle programme for adults and families in South Tyneside. When you sign-up you'll attend weekly lifestyle education sessions that will support you to make positive changes that will become lifelong habits.

To find out more visit **www.firstcontactclinical. co.uk/Lifestyle-Programme** or call **0191 4329838.**





If you're a football fan then come together with others like you to tackle your weight and reach your goal of a healthier lifestyle.

FIT BLACK CATS is a **FREE 12 week programme** where you can meet other fans and get to see behind the scenes at **Sunderland Football Club**.

With support from staff and from other group members you'll get tips to improve your eating habits, cut down on alcohol and increase your activity levels – one step at a time!

Get your FREE place on the next course:

- w: www.efltrust.com/FITFANS e: FIT@foundationoflight.co.uk
- t: 0191 563 4777.



National Diabetes Prevention Programme

Type 2 diabetes can lead to serious health complications if left untreated.

Finding out your risk, only takes a few minutes using the Diabetes UK risk tool - it could be the most important thing you do today. **www.riskscore.diabetes.org.uk/start**

People can join the National Diabetes Prevention programme, Healthier You, for FREE for 9 months if they are at risk - no GP visit or blood test is needed! You'll get all the support you need to make positive lifestyle changes and lower your risk. **www.ww.com/uk/diabetes-risk-assessment**

Could you help someone live a healthier lifestyle?

Have you made lifestyle changes to improve your health? Are you passionate about helping others to do the same?

No one understands how to make changes better than someone who has been there and done it. That's what UCan is all about. Join UCan as a volunteer 'peer pal' and you can use your experience to help others in South Tyneside.

"From smoking or healthy weight loss to cardiac rehab or musculoskeletal pain, a helping hand from someone who knows what it's like can make all the difference," says Peer Pals Coordinator Niki Marshall. "It's an extra helping hand alongside the support you get from the NHS, public health or other services.

"As a peer pal, you'll be matched with someone facing similar health issues. You then use WhatsApp to keep in touch, provide encouragement and offer a listening ear.

"It's not a big commitment, but being a peer pal can be a rewarding experience for everyone."

UCan is supported by Inspire South Tyneside, NHS South Tyneside Clinical Commissioning Group and South Tyneside Council.





Niki Marshall

To find out more, contact Niki Marshall on 07719 078 077 or email niki.marshall@ inspiresouthtyneside.co.uk.



Have you made lifestyle changes to improve your health? Are you passionate about helping others to do the same? Being a peer pal can be a rewarding experience and it's not a big commitment.

Interested?

- Phone Niki Marshall on 07719 078 077
- E-mail niki.marshall@inspiresouthtyneside.co.uk

Why are GP practices working differently?

Your GP practice is here to help - but all NHS services are under a lot of pressure. You can help us by being patient with practice staff, wearing your mask in healthcare settings and using services differently for everyone's safety.

Many services are now phone or video based, but if you need to be seen face-to-face, we will arrange a safe way for this to happen. Often a good first step is to visit www.111.nhs.uk

How are practices working now?

Practices are all open but may need to speak to you by phone to decide how best to meet your needs.

Why do receptionists ask personal questions?

Reception staff are a vital part of the healthcare team, and ask questions to direct you to the best support. They are skilled in assisting with triage and treat all information confidentially.

What about emergencies?

Always dial **999** in a lifethreatening emergency. If you need help with minor injuries at any time or urgent care when your GP practice or community pharmacy is closed, visit www.111.nhs.uk or dial **111** if you do not have internet access.

What does triage mean?

This means assessing your needs, to decide whether you should be seen in person, have a phone or video consultation, or get advice from your local pharmacy. If you need to be seen in person, we will arrange that.

I want to see a GP – why am I seeing someone else?

Many practices have a range of professionals (e.g. advanced nurse practitioners) who can diagnose and treat health conditions. This ensures that you can see the right person for your needs more quickly.

Where else can I get help?

Visit www.nhs.uk for advice on common symptoms and a list of local services, or speak to your pharmacist first for advice on minor illnesses. Find your nearest: www.nhs.uk/service-search/find-apharmacy

Funding boosts pride in Hebburn

A rolling programme of works to replace old garden walls in Hebburn is continuing thanks to funding from the local Community Area Forum.

A total of £39,850 has been given this year from the Housing Capital Scheme to allow new walls to be built at Tees Road and Wear Road where steel gates are also being fitted. Other areas which have already seen improvements are Trent Avenue, Queen's Crescent, Rutland Road, Hexham Avenue and Mersey Road while there are plans to continue the improvements at Mimosa Drive and Lilac Walk. The schemes were brought to the attention of the CAF after residents complained of the dilapidated state of the old walls outside their homes.

The schemes have improved the overall appearance of the streets and made the area more appealing for both tenants and private householders.

The next Hebburn CAF meeting will be held on 11 April at 10am. All are welcome.

This project has been absolutely brilliant. The new walls have really spruced up the area and brought enhanced pride to the town. As the new walls are taller, people also feel more secure in their homes.

Resident Ronnie Miller

"This project was something that was on the residents' wish list so it is great to see it come to fruition."

Resident Ronnie Miller (65) Hexham Avenue



Timely restoration thanks to CAF funding

A historic clock gifted to the people of Boldon has been repaired thanks to CAF funding of more than £9,000.

Jarrow and Boldon CAF used funding from its Local Neighbourhood Scheme to pay for the repairs following a request from Boldon Colliery Heritage group.

The group is currently raising funds for a new memorial to be dedicated to the area's servicemen and women as well as the town's mining heritage where the clock will take pride of place.

The clock was given to the people of Boldon in 1956 in memory of all those people who lost their lives in both world wars.

It was originally on the old Co-op building and then on the Royal British Legion in Boldon Colliery. It is hoped the new memorial will be sited on or near the roundabout at Hubert Street and Henley Way, although planning permission will be needed.

The heritage group has already fundraised more than $\pm 10,500$ for the memorial from donations alone and is planning to apply for grants to achieve their $\pm 150,000$ target.

Chairman of the group, George Henderson, said: "The clock is a historically significant artefact for the village and we are grateful to the CAF for having the clock repaired.

The next Jarrow and Boldon CAF meetings will be held on 10 March at 10am and 14 April at 5pm



The unveiling of the clock in 1950 on the old Co-op building

Billy Robinson (L) Vice Chair of the Heritage Group George Henderson, Chairman of the group, Cllr Sandra Duncan, CAF Chair, Alison Strike, Secretary of the group and group member Sean Hudson.

"When the memorial is erected, we believe it will enhance civic pride in the village and make sure we never forget either our mining heritage or the brave people who made the ultimate sacrifice for freedom."

George Henderson, Chairman of the group



Blooming Success for Gardening Club

A South Shields gardening group is digging in for success after receiving money from its local CAF.

The Changing Lives gardening group was formed last year and is made up of vulnerable adults with a range of issues including homelessness or physical or mental health problems.

The group asked for a grant to allow them to buy planters and baskets, gardening equipment, some seating, plants, shrubs and compost.

Following a request from the group for a grant to allow them to buy planters and baskets, gardening equipment, some seating, plants, shrubs and compost, Riverside CAF gave them £465.

The next meetings of the Riverside CAF will be held on 19 April at 10am.

"We started this group because a number of people expressed an interest in tending to the garden at our base in Tyne Dock.

"Both the act of gardening and being with other people is providing the group with a sense of purpose, pride and achievement and reduces symptoms of anxiety.

"The group is also learning new skills which they can carry forward into their own properties. The CAF funding has made a tremendous difference to the wellbeing of these people and they are so looking forward to putting the equipment to good use."

Karen Dillon from Changing Lives



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www.southtyneside.gov.uk/caf



Some of the ladies from Cleadon Women's Institute

Funding allows group to get crafty

Cleadon Women's Institute can carry on knitting following a donation from two Community Area Forums.

The group was given £185 from East Shields and Whitburn CAF and £266 from West Shields, Cleadon and East Boldon CAF to buy wool to knit and crochet knee blankets and shawls for care homes within South Tyneside.

They also make "twiddle muffs" – a crocheted or knitted band with items attached which provide stimulation for dementia patients. The women have also been busy knitting a range of garments such as baby clothes, hats, scarves, and gloves for other local groups which support vulnerable residents.

The CAF funding was particularly welcome during the Covid lockdown period when opportunities to raise funds through other means have been scarce. This funding has enabled the women to maintain their creative activities as in previous years and continue supporting those in need within the local community. President of the Women's Institute, Maureen Ling, said: "The money from the CAF makes all the difference, particularly so throughout the last couple of years. Our ladies are galvanised by these local causes and have been unable to raise the finances to buy good quality wool, especially with the cost of living going up. This funding allows them to carry out their community-spirited work while they enjoy some social time."

Maureen added:

"People are always so grateful for the items we make so, although it may seem like quite a small amount of money, it goes a long way for the community and reaches a wide audience."

Exmoor Ponies Return to Cleadon Hills

The Exmoor ponies have returned to Cleadon Hills for their seventh winter in a row to graze the land as part of South Tyneside Council's management of Cleadon Hills Local Nature Reserve.

We would like to remind people visiting that it is important that they follow signage and do not feed the ponies. Feeding them will not only detract them from doing their job of eating the vegetation but any food given could also make them seriously ill.

The ponies will remain on the site until Easter 2022, before returning again for next year's winter season.



The next meeting of the East Shields and Whitburn CAF is on 17 March at 6pm. The next meeting of the West Shields, Cleadon and East Boldon CAF is 3 March at 10am and then 21 April at 10am.



CAF funding delivers for Cricket Club

Members of Whitburn Cricket Club were bowled over when they received funding for a new piece of apparatus to help them improve their game.

The group, which was formed in 1862, approached both West Shields, Cleadon and East Boldon Community Area Forum and East Shields and Whitburn CAF to help with the purchase of a sight screen. The equipment provides the batsmen with a clear view of the bowler's deliveries and ensures distractions do not disturb the batsman.

West Shields, Cleadon and East Boldon CAF gave £118 while East Shields and Whitburn gave £414 towards the screen which is needed to replace the old screen which is no longer fit for purpose. "We are very grateful for the CAF funding. We have a modern, lightweight sight screen on order which will make the world of difference to the club.

"Our cricket club is very inclusive with teams for all ages and we also offer training for girls. It is a very family orientated and community-based club which is paying dividends because cricket is very much alive and well at Whitburn."

Margery Smith, Secretary of the club,

The next meetings of West Shields, Cleadon and East Boldon CAF will be held on 3 March at 10am and 21 April at 10am. The next meeting of the East Shields and Whitburn CAF will be on 17 March at 6pm.



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www.southtyneside.gov.uk/caf



Special honours for outstanding services



Christmas Wonderland Parade



Alternative history tour – Credit Village Photography



Remembrance Sunday

Prince of Wales at Barbour - Credit Shields Gazette



Tree planting at Hadrian Primary School

Celebrating Civic Pride

The Mayor of South Tyneside, Councillor Pat Hay, and Mayoress Jean Copp, continue to enjoy a busy year of key events and engagements while promoting civic pride and raising money for the Mayor's Charity.

They have met hundreds of people who make South Tyneside a great place, including the recipients of Queen's Awards, OBEs and British Empire Medals, and welcomed royalty to the Borough including HRHs The Princess Royal and The Countess of Wessex and HRH The Prince of Wales.

Fundraising has continued for the Mayor's Charity, supporting The Customs House, Cancer Connections among other good causes, with charity evenings, curry nights and the first Halloween-themed alternative tour of South Shields Town Hall. Highlights over recent months have included launching the Poppy Appeal and joining communities for poignant Remembrance and Armistice Day services, planting a tree with Hadrian Primary School and supporting Show Racism the Red Card.

The festive season got off to a spectacular start when the Mayoress switched on the Borough's Christmas lights, followed by the Virtual Christmas Carol Concert and spectacular Christmas Wonderland Parade.

The 70th anniversary of twin town links with Wuppertal and Holocaust Memorial Day were also marked with special online tributes.



Hebburn Lights Switch on

The Mayor said:

"We have really enjoyed connecting with our communities and meeting so many kind-hearted people. We look forward to more opportunities to celebrate our communities and raise money for the Mayor's Charity. The money raised for these worthwhile causes makes a real difference."

Further information

- Q www.southtyneside.gov.uk/ mayorscharity
- MayorSTC



Spread the word!

South Tyneside offers beautiful beaches, family fun, a heritage that is both ancient and deeply enriching, and a mix of bustling towns and villages. With some of the country's finest food and a vibrant events programme, South Tyneside has something for everyone whatever your interest or age.

Make the most of South Tyneside

The local Cultural Partnership Group and Create North are hooking up to host a programme of events for artists, creative practitioners, and creative micro-business to get together to explore how we can all, individually and collaboratively, benefit from making the very most of South Tyneside's assets. There will be 5, free events. Each event offers opportunities to spend time with other creatives and build your networks, and each day will have its own flavour and mix of focussed exploration and specialist expertise.

Places are limited, so book early to avoid disappointment! Find out more at **www.createnorth.co.uk**

The Customs House

Check out the packed programme of shows, exhibitions and



events with everything from professional touring productions, community musicals, dance festivals and of course, the highlight of the year the Christmas panto!

> Find out what's happening and don't miss out in supporting the little theatre with the big heart! www.customshouse.co.uk

South Shields Museum & Art Gallery

The museum is a true South Tyneside favourite with residents of all ages. Pop along and take part in the Tales of South Tyneside, listen to stories, find objects and enjoy famous art. Creature corner is always a firm favourite but don't forget to explore local treasures and changing faces! Find out what's happening at southshieldsmuseum.org.uk



Arbeia Roman Fort

Once upon a Roman time, Arbeia Roman Fort guarded the entrance to the River Tyne as a key part of the Empire's frontier defence system. It soon became the military supply base for the 17 forts dotted along Hadrian's Wall. The historic site is part of the 1900 Hadrian's Wall celebration The site features excavated remains, important site finds and stunning reconstructions of original buildings.

Find out more at www.arbeiaromanfort.org.uk

Jarrow Hall

Discover Jarrow's own open air, living history museum, across the Anglo-Saxon village and delve into Anglo-Saxon life during the time of Bede. Learn about the animal residents of "Gyrwhe" and

discover the primitive, rare

breed and rescued animals that would have been present in Anglo-Saxon Northumbria.

For more information and events visit www.jarrowhall.com

THIS IS SOUTH TYNESIDE

South Tyneside Heritage Trail

Completing even small parts of the 26-mile Heritage Trail allows walkers to fully immerse themselves in thousands of years of local history, from farming and wildlife to architecture industry. Moving forward in time into the late 19th century, the iconic beacon of Souter Lighthouse, the first electric lighthouse in the world, stands proudly between the Tyne and the Wear.

Download a map route or find out more about the trail and local walks this year www.visitsouthtyneside.co.uk

HADRIAN'S WALL **1960 FESTIVAL** 24 JANUARY - 23 DECEMBER 2022



2022 will see hundreds of events and activities taking place in the yearlong festival across Hadrian's Wall. With activities celebrating life on the Wall from Roman times to the present day, this yearlong festival promises to whisk you back in time and celebrate 1900 years since the building of Hadrian's Wall.

A packed and ever-growing year-long programme is being planned and developed by communities, attractions and organisations along the Wall and during 2022 visitors can enjoy a range of thoughtprovoking talks, themed walks, exhilarating exhibitions, flavoursome food festivals and spell binding re-enactments.

Full events can be found at: www.1900.hadrianswallcountry.co.uk/events We are really looking forward to the return of the South Tyneside Festival this summer. Plans are well under way, and there will be festival announcements as soon as we are able to.







www.visitsouthtyneside.co.uk

THIS EASTER

There are a great range of shops in South Tyneside to suit all shopping needs this Easter.

Personal, face-to-face service can help you find exactly what you're looking for – whether that's a gift for someone special or just a treat for yourself!

Local businesses are a vital part of our communities - by shopping local where you can, you are doing your bit to support South Tyneside businesses and maintain local jobs, particularly as they emerge from a difficult couple of years.

Jarrow and Hebburn

Both Town Centres offers a mix of high street stores and independent shops in a compact area. There are plenty of parking spaces and public transport links, helping to take the stress out of shopping.

Whitburn and Cleadon

Visit these fantastic villages unique and independent stores offering goods such as vintage furniture, boutique clothing, local butchers and organic vegetables.





Whitburn

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South Tyneside Council



South Shields Town Centre

For some High Street shopping, visit South Shields Town Centre and browse from popular brand favourites. Enjoy a variety of stalls in a friendly and bustling atmosphere at South Shields Market, one of the oldest open-air markets in the North East. Markets are held every Friday and Saturday, 9am – 3pm.

Right next to South Shields Market is Shop @ The Word, which offers a wide range of gifts that have often been created by some of the many talented crafts people from around the region.

The Nook and Laygate

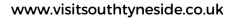
These two popular community shopping spots in South Shields are home to a mix of high street and independent retailers, with both being easily accessible from the Town Centre.

East Boldon, West Boldon and Boldon Colliery

These three villages are home to a wide range of stores, including specialist fashion, antiques, products for the home, and much more.

You can support local businesses even further by:

- Interacting positively on social media – follow, share and like their posts
- Telling your family and friends about your favourite local stores
- Leaving reviews online to encourage others to shop and support local



Visit South Tyneside Libraries



Are you a South Tyneside Library Member?

Did you know as a library member you can visit any library in South Tyneside? There are four council run libraries -The Word, Jarrow Focus, Hebburn Central and Cleadon Park, plus four which are run by local volunteers - Whitburn, Perth Green, Boldon and Cleadon, and Boldon Lane. Each library has a fantastic selection of books to choose from, as well as computer and printing facilities available to use.

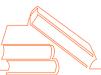
If you're not a library member, you can sign up in person at any South Tyneside Library or online at **www.southtyneside.gov.uk/libraries** – it only takes a few minutes and it's free to join. As well as being able to borrow a wide range of books from our libraries for free, you can also access hundreds of eBooks, e-Audiobooks and online magazines from your computer, eReader, smart phone or tablet - all free to download.

Library Activities

There's a great range of activities that take place across our four libraries which offer a chance to try something different, learn new skills and socialise. You could join one of our reading groups or bring your little one along to our early year's groups, such as Baby Bounce, Jiggle and Wiggle and more.

For more information:

- Q www.southtyneside.gov.uk/libraries
- ☐ library.support@southtyneside.gov.uk
- Libraries can be contacted direct by phone: The Word: (0191) 427 1818
 Hebburn Central: (0191) 424 7831 Jarrow Focus: (0191) 489 7786
 and Cleadon Park: (0191) 424 6194



Receive the latest information and updates on our Library Services.

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Follow us on social media

Home Readers Service

If you or someone you know is unable to visit one of our libraries in person, our home readers service provides a free, personal and friendly service to supply books or spoken word to you in your own home, residential home, sheltered housing or nursing home.

Whether you're unable to get to the library yourself or to carry books due to disability, sickness or old age, the service is available to help. A member of staff will visit your home, giving you the chance to get to know each other and discuss the type of books you may want to read.

0191 424 7870



www.southtyneside.gov.uk/libraries





#JoveSouthTyneside

Nominate someone for a special #LoveSouthTyneside Thank You. The nominee can be any person, business or organisation who you think deserves to be recognised for volunteering, improving the environment, helping others or

Every person nominated will receive a personal thank you from the Mayor of South Tyneside. They will also be entered into our annual #LoveSouthTyneside Awards which are planned to take place in Summer 2022.

promoting South Tyneside.

The winner of the 2021 award was Oliver Nicholson of Hebburn Town. When the country first went into lockdown, Oliver noticed that his 81-year-old grandad became quite depressed as he could no longer go out and meet people. That prompted him to think that other older people living in bungalows nearby might be feeling the same way, so he decided to use his pocket money to make little treats for them. On key dates, such as Easter, VE Day, Remembrance Sunday and Christmas, Oliver posted little notes with small treats such as sweets or chocolates through the doors of his neighbours.

Cllr Moira Smith, Lead Member of Voluntary Sector, Partnerships and Co-operatives said: "If you feel there is someone who, like Oliver, deserves recognition you can nominate them today by visiting

www.lovesouthtyneside.co.uk

The Love South Tyneside website also provides information on volunteering opportunities taking place in South Tyneside as well as advice for starting a volunteering group."



Oliver Nicholson receives his award from the former Mayor Cllr Norman Dick and Mayoress Mrs Jean Williamson.



Cllr Moira Smith, Lead Member for Voluntary Sector.



South Shields Indoor Bowls Centre

South Shields Indoor Bowls Centre is a little-known gem in South Tyneside.

The home of the South Shields Vipers Bowling Club, the centre houses an 8-rink indoor "flat green" bowling surface and 12 outdoor rinks.

The club boasts around 500 playing members who enjoy their bowling and social facilities catering for men and women of all ages.

Not only that, the centre also sports a café and fully licenced bar area with a spectator view of the bowling area, a perfect place to catch up with friends and enjoy tasty food and drink.

If you are looking for an entry point to the fantastic world of bowls, or you are looking to make a return to the sport, then look no further as the Vipers are always on the lookout for new members.

You can enquire about membership by calling **0191 454 2023** or by paying a visit to the centre in person where a member of staff will be more than happy to show you around.



Volunteers at West Park with Green Flag



Volunteers at Readhead Park with Green Flag Award

South Tyneside Parks

South Tyneside has a large number of parks, open spaces and cemeteries, the majority of which are Council-owned.

Over recent years, a significant number of volunteer groups have formed to work within our parks and open spaces to further improve the environment for all to enjoy.

At present there are around 20 active 'Friends of' and community volunteer groups. There has also been significant interest from individuals wanting to form new groups during the COVID pandemic.

Volunteer groups are a huge asset to South Tyneside. Over the last year, despite the challenges of the pandemic, volunteer groups have celebrated many achievements and successes, working with the Council and South Tyneside Homes:

- Green Flag Awards for West Park (South Shields); West Park (Jarrow); North Marine Park; and Readhead Park.
- Friends of Hebburn Cemetery awarded The Queen's Award for Voluntary Services, the highest award that can be given to a group of volunteers in the UK.
- Friends of Readhead Park granted £10,000 from The Barbour Foundation to undertake further improvements to the park.
- New Community Defibrillators through money raised by groups in West Park (Jarrow) and Readhead Park.
- Activities to support COP26 (UN Climate Change Conference) – raising awareness about climate change in a fun and engaging way, including a sustainable Halloween Hunt in several parks.

To support groups to operate safely and in accordance with Council priorities, a new Volunteer Handbook was published in 2021. This handbook acts as a guide to all existing and prospective volunteer groups and covers the following key areas:

- Why volunteer
- Establishing a new group
- Working in partnership with South Tyneside Council
- Application
 process
- Work plan
- Health & Safety
- Support & Meetings
- Communications
- Code of conduct
- Disbanding a group

A new, accessible application process has been established, which prospective groups must undertake to apply for formal recognition as working with the Council. Upon successful completion of the application process, groups will benefit from a one-off grant of £2,000, which can be used for specified purposes. So far, 12 groups have successfully completed their application and have received this funding, with more expected to follow.

Any individuals or groups wishing to know more about volunteering in our parks and green spaces, including joining an existing group, please contact Emily Ross via emily.ross@southtyneside.gov.uk or 07976 074151

Get involved

If you want to find out how you can #lovesouthtyneside, get involved in volunteer opportunities or promote and improve your local area, visit **www.lovesouthtyneside.co.uk** or follow us on social media:

@LoveSTyneside

🕥 @LoveSTyneside





Lighter nights

South Tyneside Council's Youth Service host a wide range of voluntary youth clubs in order to engage with young people and give them positive role models.

The service gives young people the chance to get involved in exciting youth projects across South Tyneside.

During these activities they can:

- engage with informal education
- access creative and sporting activities
- go on trips (including residential trips)
- take part in social action/ community projects
- develop personal, social and emotional skills
- relax and have fun

South Tyneside Council's Youth Service will be delivering a range of diversionary activities for young people across South Tyneside throughout the duration of the Lighter Nights Campaign, including football tournaments, climbing sessions, 'pop up events in the community', online competitions, activity packs, social action projects and other fun and engaging activities.

SOUTH TYNFSIDF

South Tyneside Homes

The Community Safety and Tenancy Enforcement team work closely with Northumbria Police to identify perpetrators of antisocial behaviour, including arson.

Actions include contacting residents in areas where deliberate fires have been set to encourage the reporting of incidents and to find information on persons found to be causing fires. Joint visits with Northumbria Police are made to perpetrators and where appropriate, enforcement action is taken.

Report it

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To report anti-social behaviour contact South Tyneside Homes:

- 0300 123 6633
- ⊠ asb@southtynesidehomes.org.uk

Tools and powers available to the Community Safety and Tenancy Enforcement team include:

- Formal tenancy action where the perpetrator is a tenant or resides in a tenancy managed by South Tyneside Homes
- Community Protection Warnings
- Community Protection Notices
- Civil Injunctions
- Acceptable Behaviour Agreements

Do you know where your bin is?

Waste bins and skips can be a very popular target for arsonists. Don't become another fire statistic and don't let your property become a 'soft target' for malicious damage and arson. If there is known antisocial behaviour, fly tipping or deliberately set fires in your area it is important to report these to the police or Council. Help us by bringing your bin in on the same day as collection.





Focus on your fitness

Jarrow Focus offers a range of great fitness facilities

Jarrow Focus gym has four distinct areas; power, stretch, cardio and a family area which includes a cardio wall and interactive equipment. The two-storey fitness rig (The Clock) is the centrepiece of the gym, ideal for group workouts. There are also a number of functional items including weighted sand bags, a battle rope, slam balls and kettlebells.

As well as a range of instructor-led fitness classes and numerous virtual workouts, Jarrow Focus offers two exciting Les Mills virtual classes that are exclusive to that centre. SPRINT is 30 minutes of high intensity interval training on a bike, proven to give fast results, and BARRE is a 30 minute balletic training workout designed to shape and tone postural muscles.





Leisure customer changes - coming soon

Leisure customers will be able to enjoy the following benefits soon when visiting centres:

- New mobile app which will allow bookings and payments online, as well as being able to access the centres using an online barcode on the app
- Fast-track kiosks in centres, allowing customers to check-in and book activities
- Electronic check-in for class programmes via a tablet located outside of studios
- Access control in all gyms and swimming pools

get dctive...

Apply for a leisure membership today

Become a member of South Tyneside Council's Leisure Facilities to get fit and active in time for summer.

Our membership gives you unlimited access to premier facilities including six pools, five gyms, two saunas, two steam rooms and over 200 classes per week.

Becoming a member couldn't be easier. You can pay by direct debit and join online today. With no joining fee and prices from £20.50 per month, there is no better time to get active and feel great. If you don't want to commit to a monthly payment, you can purchase a Get Active discount card and enjoy access to reduced rates on activities every time you visit.

Q www.southtyneside.gov.uk/leisure



contact

- Haven Point 0191 424 7800
 Hebburn Central 0191 424 7801
 Temple Park Centre 0191 456 9119
 Jarrow Focus 0191 489 4100
 Monkton Stadium 0191 489 1283
- Q www.southtyneside.gov.uk/leisure



LOCAL GOVERNMENT ELECTIONS

Thursday 5 May 2022

YOUR FUTURE YOUR CHOICE

This is your chance to vote for who you would like to represent you on South Tyneside Council, but to have your say you must be registered to vote.

Make sure you can vote

If you have moved to a new house recently or think you may not be registered to vote, you can apply to register online at www.gov.uk/register-to-vote. The deadline to apply to register to vote is **Thursday 14 April 2022**.

If you don't have access to a computer, tablet or smart phone you can call our Customer Contact Centre on **0191 427 7000** (open Mon-Fri 8am to 6.30pm).

Postal voting

With COVID-19 continuing to affect our lives we would encourage electors to vote by post in May. The deadline to apply to vote by post is 5pm on **Tuesday 19 April 2022**. Your ballot paper will be delivered to you by Royal Mail allowing you to vote from the comfort of your own home.

If you would like a postal vote application form, go to www.southtyneside.gov.uk/elections

or call our Customer Contact Centre on **0191 427 7000** (Mon-Fri 8am to 6.30pm).

POLLING

STATION

Voting in a polling station

Whilst we encourage people to register to vote by post, we will be making some changes to the normal voting procedure to make voting in a polling station as safe as possible, such as:

- providing hand sanitiser in all stations,
- regularly cleaning equipment and surfaces,
- encouraging people to use their own pen or pencil to mark their ballot paper,
- providing single use pencils for voters who don't have their own,
- ensuring all staff and voters wear a face covering whilst in the polling station (unless exempt),
- providing screens between the polling staff and voters,
- signage to remind people to keep their distance,
- a one in one out policy in smaller stations.



We have changed the format and paper stock of the South Tyneside newsletter to make sure we keep costs down and provide you with as much news and information as possible. If you live in South Tyneside and don't receive this newsletter to your home address by 11 March 2022, or if you would like to provide feedback or comments, please call **0191 427 7000** or email **marketing@southtyneside.gov.uk** to let us know. If you would like the newsletter in a different format we can arrange this for you. If you would like to receive enewsletters from South Tyneside Council visit **www.southtyneside.gov.uk/email**

This issue includes information from South Tyneside Homes, if you have any queries please call **0300 123 6633** or visit **www.southtynesidehomes.org.uk**