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| **IMMEDIATE ACTION - Primary Survey** |
| **D** | **Check for danger** | Manage scene – team safety, equipment, resources, and environmentRemove dangers?Remove casualty from imminent danger?***Is it safe to proceed***? – if not, 999 for relevant services |
| **R** | **Response** | **A**lert – conscious, speaking, airway clear**V**oice – use commands**P**lace hands on shoulders – look for movement**U**nresponsive / unconscious |
| **A** | **Airway** | Head tilt, chin lift methodOpen and maintain |
| **B** | **Breathing** | Look, listen and feel for 10 secondsBreathing normal 🡪 Secondary surveyBreathing abnormal/not present 🡪 EMERGENCY 🡪 ***999, CPR, AED*** |
| **C** | **Circulation** | ***Blood on the floor***: Expose/examine, direct pressure, elevate, monitor and treat for shock, casualty positioning***4 more***: Chest, abdomen, pelvic area, long bones 🡪 999, monitor for signs of shock, casualty positioning |

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| **SAMPLE – Secondary Survey** |
| **Casualty name:** |  |
| **Age / D.O.B.:** |  | **Time:** |  |
| **S**igns and symptoms: |  |
| **A**llergies: |  |
| **M**edications: |  |
| **P**ast medical history: |  |
| **L**ast meal/fluid intake: |  |
| **E**vents/environment: (Description of accident and illness – consider mechanism of injury, weather, conditions) |  |

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| **LOCATION – Calling for Help** |
| 6-Fig. Grid Reference | Latitude/Longitude | What3Words |
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| Brief description of surroundings e.g. nearest settlement, terrain, notable landforms, ground conditions |
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| **OTHER INFORMATION** |
| Number in group / ages: |  |
| Additional contact numbers: |  |

**DIAL 999 for Ambulance, Police, Fire & Rescue or Coastguard as appropriate**

*or*

**DIAL 999 for Police then ask for Mountain Rescue – explain situation.**

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| **Considerations whilst waiting for emergency services** |
| * Update emergency services if casualty or situation deteriorates
* Delegate jobs/roles to others as appropriate
* Monitor mobile phones for call-back or SARLOC/Phonefind text and reply as soon as possible
* Consider wellbeing of other group members – warmth, shelter, morale, evacuation plan
* Ensure all kit is secured in event of rising water levels, weather deterioration or helicopter evacuation
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| **Casualty Care and Monitoring** |
| First Aid Given: | Time: |
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| Medication Taken (including dose): | Time: |
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| **Monitoring Vital Signs (10 minute intervals)** |
| Time | Response(AVPU) | Breathing rate | Pulse rate(BPM) | Pain score(1-10) | Notes(other signs and symptoms) |
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**Official accident recording procedures should be followed when incident has concluded.**