|  |  |  |
| --- | --- | --- |
|  | | |
| **IMMEDIATE ACTION - Primary Survey** | | |
| **D** | **Check for danger** | Manage scene – team safety, equipment, resources, and environment  Remove dangers?  Remove casualty from imminent danger?  ***Is it safe to proceed***? – if not, 999 for relevant services |
| **R** | **Response** | **A**lert – conscious, speaking, airway clear  **V**oice – use commands  **P**lace hands on shoulders – look for movement  **U**nresponsive / unconscious |
| **A** | **Airway** | Head tilt, chin lift method  Open and maintain |
| **B** | **Breathing** | Look, listen and feel for 10 seconds  Breathing normal 🡪 Secondary survey  Breathing abnormal/not present 🡪 EMERGENCY 🡪 ***999, CPR, AED*** |
| **C** | **Circulation** | ***Blood on the floor***: Expose/examine, direct pressure, elevate, monitor and treat for shock, casualty positioning  ***4 more***: Chest, abdomen, pelvic area, long bones 🡪 999, monitor for signs of shock, casualty positioning |

|  |  |  |  |
| --- | --- | --- | --- |
| **SAMPLE – Secondary Survey** | | | |
| **Casualty name:** |  | | |
| **Age / D.O.B.:** |  | **Time:** |  |
| **S**igns and symptoms: |  | | |
| **A**llergies: |  | | |
| **M**edications: |  | | |
| **P**ast medical history: |  | | |
| **L**ast meal/fluid intake: |  | | |
| **E**vents/environment: (Description of accident and illness – consider mechanism of injury, weather, conditions) |  | | |

|  |  |  |  |
| --- | --- | --- | --- |
| **LOCATION – Calling for Help** | | | |
| 6-Fig. Grid Reference | | Latitude/Longitude | What3Words |
|  | |  |  |
| Brief description of surroundings e.g. nearest settlement, terrain, notable landforms, ground conditions | | | |
|  | | | |
| **OTHER INFORMATION** | | | |
| Number in group / ages: |  | | |
| Additional contact numbers: |  | | |

**DIAL 999 for Ambulance, Police, Fire & Rescue or Coastguard as appropriate**

*or*

**DIAL 999 for Police then ask for Mountain Rescue – explain situation.**

|  |
| --- |
| **Considerations whilst waiting for emergency services** |
| * Update emergency services if casualty or situation deteriorates * Delegate jobs/roles to others as appropriate * Monitor mobile phones for call-back or SARLOC/Phonefind text and reply as soon as possible * Consider wellbeing of other group members – warmth, shelter, morale, evacuation plan * Ensure all kit is secured in event of rising water levels, weather deterioration or helicopter evacuation |

|  |  |
| --- | --- |
| **Casualty Care and Monitoring** | |
| First Aid Given: | Time: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| Medication Taken (including dose): | Time: |
|  |  |
|  |  |
|  |  |
|  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Monitoring Vital Signs (10 minute intervals)** | | | | | |
| Time | Response  (AVPU) | Breathing rate | Pulse rate  (BPM) | Pain score  (1-10) | Notes  (other signs and symptoms) |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

**Official accident recording procedures should be followed when incident has concluded.**