



South Tyneside Council

RISK ASSESSMENT

Department: Services for Young People, Children, Adults & Families		Section: Thurston O.E.C.		Assessment No: L10									
Work Activity	Mountain Biking												
	All hazards & control measures as for "Generic Assessment for all Outdoor Activities" plus additions below				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2">Risk rating, without controls <i>(see Matrix overleaf)</i></td> </tr> <tr> <td>High</td> <td style="text-align: center;"><input checked="" type="checkbox"/></td> </tr> <tr> <td>Medium</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Low</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>	Risk rating, without controls <i>(see Matrix overleaf)</i>		High	<input checked="" type="checkbox"/>	Medium	<input type="checkbox"/>	Low	<input type="checkbox"/>
Risk rating, without controls <i>(see Matrix overleaf)</i>													
High	<input checked="" type="checkbox"/>												
Medium	<input type="checkbox"/>												
Low	<input type="checkbox"/>												
Hazards	Unsuitable terrain Loss of control of bike Excess speed Collisions Mechanical failure Clothing caught in bike	Dehydration Group separating											
Population Exposed	Employees:	<input checked="" type="checkbox"/>	Sub Contractors:	<input checked="" type="checkbox"/>	Public:	<input checked="" type="checkbox"/>							
	Young Persons:	<input checked="" type="checkbox"/>	Special Groups:	<input checked="" type="checkbox"/>	Children:	<input checked="" type="checkbox"/>							
Control Measures	Activity run in line with "Mountain Biking - Operating Procedures" with control measures including: Suitable route choice for group/conditions/weather & knowledge of route Appropriate briefing before potential hazards Bikes checked before each ride Correctly fitting helmets worn when cycling Spares & tools taken Adequate drink & food considered Plan escape routes Dismount & push to avoid unsuitable obstacles & terrain Continue on separate sheet, if necessary												
Information Instruction Training Required	As stated in operating procedures												
Personal Protective Measures (PPE)	As stated in operating procedures												

Implementation Plan		By Whom	Target Date
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Risk Rating with Controls in place	<input type="checkbox"/> HIGH	<input checked="" type="checkbox"/> MEDIUM	<input type="checkbox"/> LOW
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Monitoring and Review	Review Date	By Whom	Target Date
	<i>Jan 2022</i>		<i>Jan 2023</i>

Action Identified From Review	None	By Whom	Target Date
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Risk Matrix

Likelihood		Worst Case Outcome		
		<i>Fatality</i>	<i>Major Injury</i>	<i>Minor Injury</i>
	<i>Probable</i>	HIGH	HIGH	MED.
	<i>Possible</i>	HIGH	MED	MED.
	<i>Improbable</i>	MED.	LOW	LOW

Assessment conducted by:	Signed:	Date:
Revised: January 2022 AS, AD, JH, SB, JY.		